

Title:

Discretely Assembled Mechanical Metamaterials

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Abstract:

Mechanical metamaterials offer novel properties based on local control of cell geometry and their global configuration into structures and mechanisms. Historically, these have been made as continuous, monolithic structures with additive manufacturing, which affords high resolution and throughput, but is inherently limited by process and machine constraints. To address this issue, we present a construction system for mechanical metamaterials based on discrete assembly of a finite set of parts, which can be spatially composed for a range of properties such as rigidity, compliance, chirality, and auxetic behavior. This system achieves desired continuum properties through design of the parts such that global behavior is governed by local mechanisms. We describe the design methodology, production process, numerical modeling, and experimental characterization of metamaterial behaviors. This approach benefits from incremental assembly, which eliminates scale limitations, best-practice manufacturing for reliable, low-cost part production, and interchangeability through a consistent assembly process across part types.

MAIN TEXT

Introduction

The notion of rationally designing a material from the micro to the macro scale has been a longstanding goal with broad engineering applications. By controlling local cell properties and their global spatial distribution and arrangement, metamaterials with novel behavior can be achieved. The foundation for mechanical metamaterials comes from the study of cellular solids (*1*), where natural materials such as wood and bone (*2*), or synthetic materials such as stochastic foams, are understood as a network of closed or open cells (*3*). In the latter case, edges form a network of beams, and based on the connectivity of these beams and their base material, macroscopic behaviors can be predicted analytically (*4*). It was from this insight that the field of architected materials formed, enabling design of periodic structures with tailorable properties such as improved stiffness over foams at similar density due to higher degrees of connectivity (*5*).

Advances in digital fabrication, specifically, additive manufacturing, have enabled these complex designs to be realized. Seminal work demonstrated stiff, ultralight lattice materials (*6*), and has since been improved, resulting in mechanical metamaterials with superior stiffness and strength at ultralight densities (*7*) with multiscale hierarchy (*8*). Benefits of nanoscale features further expand the exotic property parameter space (*9*) and architectures featuring closed-cell plates have shown potential for approaching the theoretical limit for elastic material performance (*10*). Other designs seek to utilize compliance, which can be attained through internal geometric mechanisms (*11*), or through base materials capable of large strain (*12*). Internal architectures can be designed to transmit or respond to load in other non-standard ways. Auxetic metamaterials exhibit zero or negative Poisson's ratio (*13*). Internal, re-entrant architectures produce contraction perpendicular to compressive loading, and expansion perpendicular to tensile loading, counter to traditional continuum material behavior (*14*). Chiral metamaterials exhibit handedness based on asymmetric unit cell geometry. These designs produce out of plane deformations, such as twist, in response to in plane loading (*15*).

51 Nearly all of the aforementioned mechanical metamaterials are made with some form of
52 additive manufacturing, most of which are summarized in (16). These processes vary widely in
53 terms of cost, precision, throughput, and material compatibility. The lower end of the cost
54 spectrum, such as fused deposition modeling (FDM), also tends to have lower performance.
55 Limits of thermoplastic extrusion include layer-based anisotropy (17) and errors resulting from
56 build angles for complex 3D geometry (18). Higher performance, and higher cost, processes such
57 as selective laser melting (SLM) utilize materials such as stainless steel, but require non-trivial
58 setup for particulate containment, and can suffer from layer-based anisotropy, thermal warping,
59 and geometry irregularity (19). Some of the highest performance multi-scale metal microlattice
60 production techniques based on lithographic and plating processes are well-studied and repeatable
61 but are also highly specialized and labor-, time-, and cost-intensive. Polymerization, curing,
62 plating, milling, and etching can require up to 24 hours from start to finish for sample preparation
63 (6). Large area projection microstereolithography (LAP μ SL) is capable of producing lattices with
64 μm (10^{-6} m) scale features on centimeter (10^{-2} m) scale parts (8) with significantly improved
65 throughput, but extension to macro-scale ($>1\text{m}$) structures remains out of reach, due to practical
66 limitations in scaling these processes and their associated machines.

67 The largest structure that can be printed with any given process is typically limited by the
68 build volume of the machine. Therefore, significant effort is focused on scaling up the machines.
69 Meter-scale FDM platforms (20) and larger cementitious deposition machines (21) have been
70 demonstrated, and coordinated mobile robots are proposed to achieve arbitrarily large work areas
71 (22). However, there is a tradeoff between precision, scale, and cost. Commercially available two-
72 photon polymerization machines have resolution on the order of $1\ \mu\text{m}$ (10^{-6} m), build size on the
73 order of 100mm (10^{-1} m), and cost on the order of 10^6 \$/machine (23). Macro-scale FDM
74 machines boast build sizes of 10^1 m (24) but are unlikely to have better than mm (10^{-3} m)
75 resolution. Thus, roughly the same dynamic range (scale/resolution) is offered, but with costs
76 approaching 10^7 \$/machine, we see a possible super-linear cost-based scaling of achievable
77 dynamic range. Building large, precise machines is expensive, and due to the inherent coupling of
78 machine performance, size, and cost, there are significant challenges for realizing macro-scale
79 ($>1\text{m}$) mechanical metamaterials with high quality and low cost.

80 An alternative approach to producing mechanical metamaterials seeks to decouple these
81 aspects, and in doing so overcome machine-based limitations. Based on reversible assembly of
82 discrete, modular components, this method utilizes mechanical connections to build larger,
83 functional metamaterials and structures out of smaller, mass-producible parts. The first
84 demonstration of this approach utilized custom wound, centimeter-scale, carbon fiber reinforced
85 polymer (CFRP) components (25), resulting in an ultralight density lattice with improved elastic
86 stiffness performance over then state of the art metallic microlattice (6), due to the high modulus
87 constituent material. Following this, larger scale, octahedral voxel (volumetric pixel) building
88 block units were made using commercial off the shelf (COTS) high modulus, unidirectional
89 pultruded CFRP tubes connected with injection molded glass fiber reinforced polymer (GFRP)
90 nodes, resulting in a macro-scale ($>1\text{m}$), high performance, reconfigurable structure system (26).
91 Following this, entire voxel units were made with injection molding of GFRP, yielding the first
92 truly mass-producible discrete lattice material system with low cost, best-practice repeatability,
93 and high performance (27). Discrete assembly offers scalability and functionality not achievable
94 with traditional methods due to process and machine limitations.

95 In this paper, we present a construction system for mechanical metamaterials based on
96 discrete assembly of a finite set of modular, mass produced parts. We demonstrate experimentally
97 the desired metamaterial property for each part type, and combined with numerical modeling
98 results, display other novel, unexpected properties. A modular construction scheme enables a
99 range of mechanical metamaterial properties to be achieved, including rigid, compliant, auxetic
100 and chiral, all of which are assembled with a consistent process across part types, thereby

expanding the functionality and accessibility of this approach. The incremental nature of discrete assembly enables mechanical metamaterials to be produced efficiently and at low cost, beyond the scale of the 3D printer.

Results

Continuum behavior from discrete parts

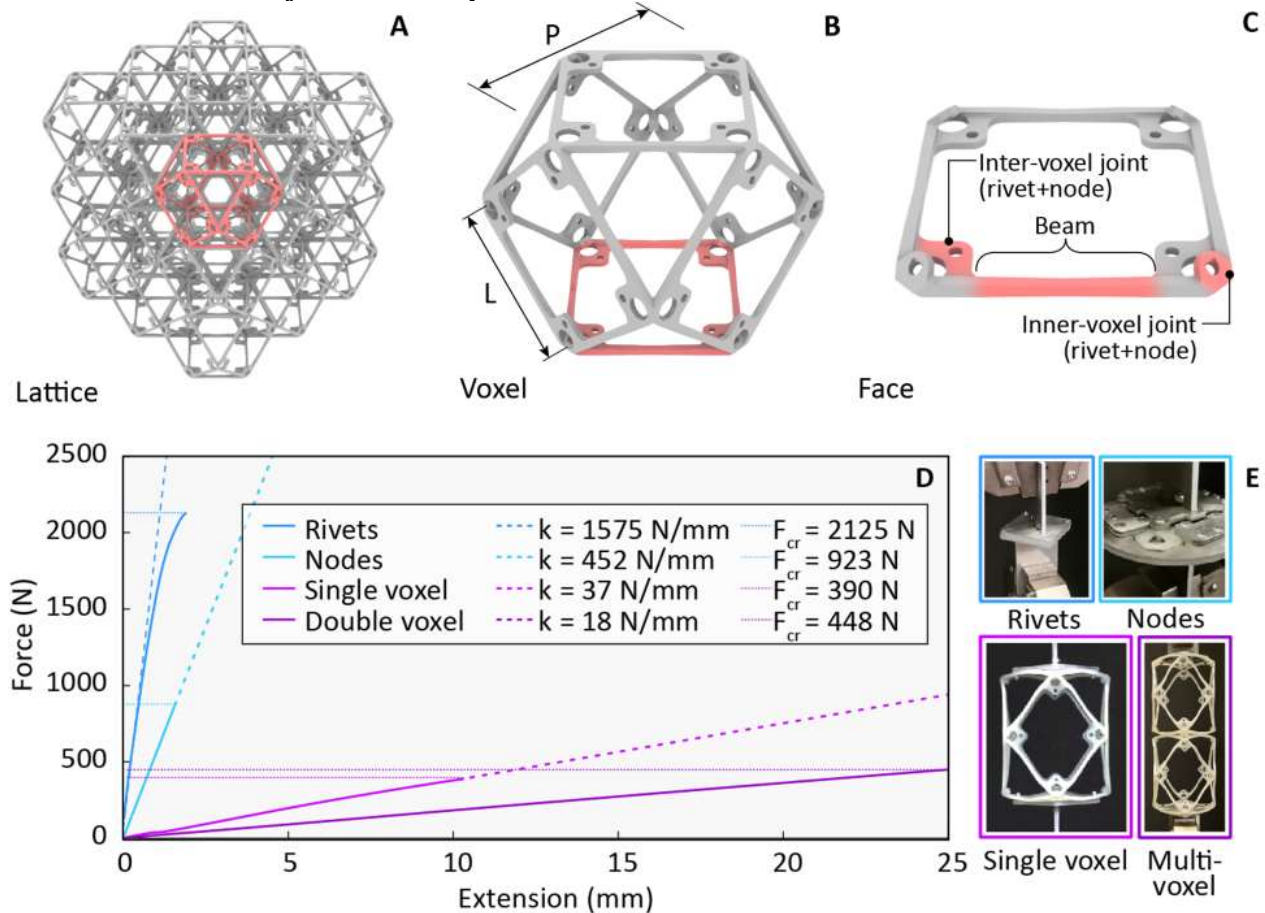


Figure 1: Discrete mechanical metamaterial subsystem description and characterization. A) 3x3x3 lattice consists of 27 individual voxels, B) Voxels consist of six individual faces, C) Faces consist of beams and joints, D) Experimental results for subsystem characterization, where we see joints (rivets + nodes) are individually stiffer and stronger than voxels, which are governed by beam properties E) Subsystem testing setups.

First, we present the discrete material construction system and show how continuum behavior is achieved through design of the parts and their relative structural performance. Parts are designed to have their local beam properties govern global lattice behavior, resulting in an effective bulk material that behaves as if it were produced monolithically.

A lattice, or a mechanical metamaterial consisting of a periodic network of interconnected beams, can be described, and its performance predicted, analytically. We can describe lattices as stretch- or bending-dominated, based on how they resolve external forces as a function of their internal beam connectivity, which corresponds to Maxwell's frame rigidity criteria extended to 3D (5). Stretch-dominated lattices, such as the octet, have higher connectivity ($Z = 12$) and higher stiffness to weight than bending-dominated lattices, such as the kelvin, which have lower connectivity ($Z = 4$) (7). In this work we use the cuboctahedra lattice (referred to as Cuboct) geometry, which is uniquely positioned between low and high connectivity ($Z = 8$) yet has been

125 shown to have stretch-dominated behavior, in both microlattice implementation (28) and as
126 discretely assembled vertex connected octahedra (27).

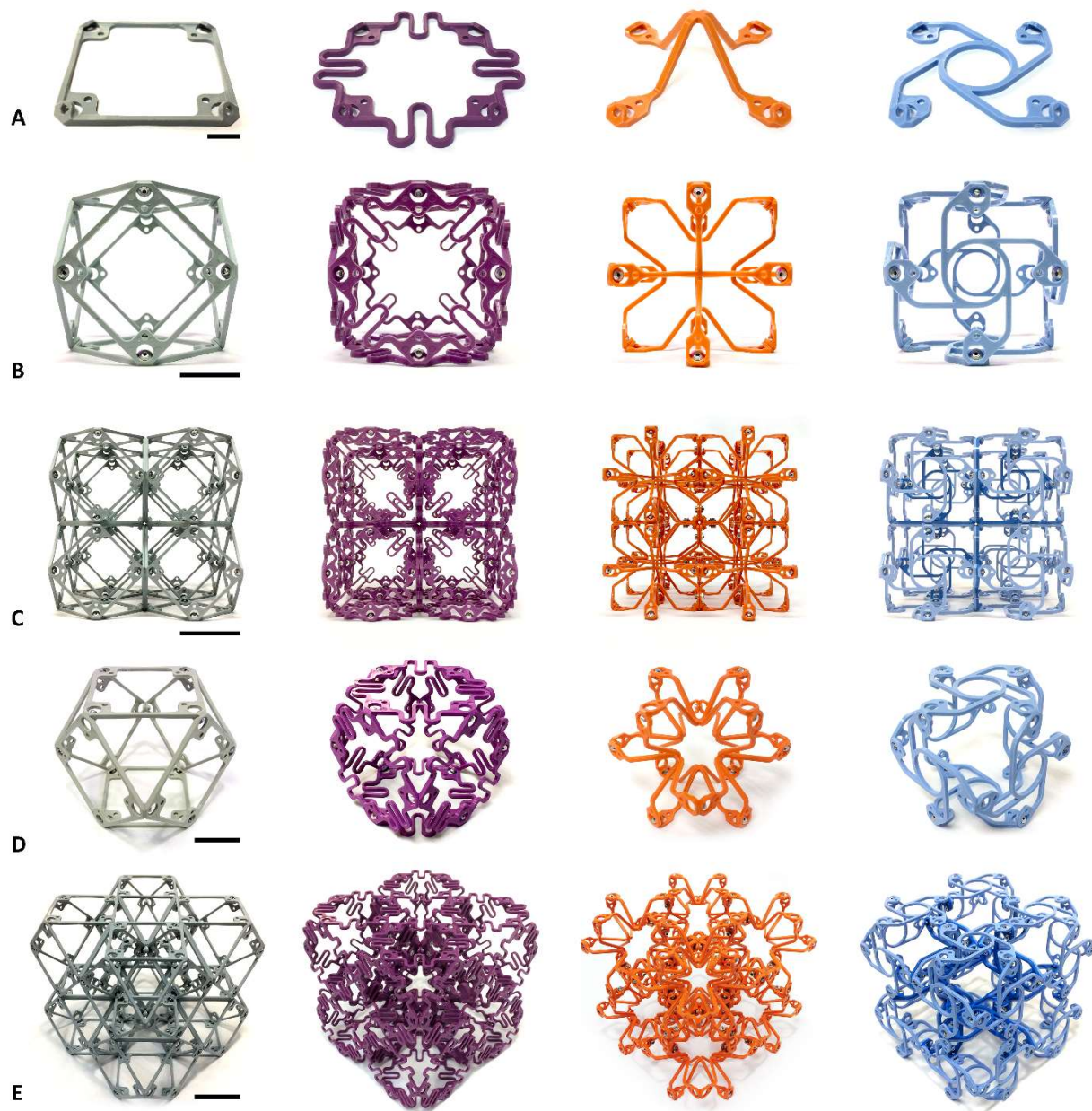
127 In Figure 1A-C, we show a new decomposition using face-connected cuboctahedra voxels
128 which produces the same lattice geometry but has additional benefits to be discussed herein.
129 Voxels are discretized into faces, which consist of beams and joints. There are two types of joints:
130 inner-voxel joints are the points at which 6 separate faces are joined to form a voxel, and inter-
131 voxel joints provide the vertex to vertex connections between neighboring voxels along a single
132 face. A joint consists of nodes, which are the geometric features on the part providing the
133 fastening area, and the fasteners, which are mechanical connectors. Based on the material and
134 geometric properties of each subsystem, local properties can be controlled to ensure proper
135 global, continuum behavior. In this case, our lattice should behave as an interconnected network
136 of beams. Therefore, we wish to design joints to possess significantly higher effective stiffness
137 and strength than the beams they connect. In this way, the global effective stiffness and strength
138 of the lattice are governed by those subsystems with the lowest relative value.

139 Following as-molded material characterization to calibrate analytical and numerical
140 models (Figure S1), subsystems were then characterized in tests designed to isolate the critical
141 performance aspects for proper system behavior. Rivets, inter-voxel nodes, individual voxels
142 (consisting of beams and inner-voxel joints), and multi-voxel assemblies were tested. The specific
143 goal is to quantify the degree to which voxel and multi-voxel behavior is governed by stiffness
144 and strength properties of the beams, rather than the joints. Experimental results are shown in
145 Figure 1D, with axial stiffness and critical load values noted.

146 Since each subsystem effectively acts across the same cross section (a single voxel), we
147 can directly compare their yield strength using their observed failure loads. We see the inter-voxel
148 node and fastener yield strengths are roughly two and four times the voxel yield strength,
149 respectively. For axial stiffness, we treat single and multi-voxel tests as effective springs in series.
150 A single voxel then consists of five effective springs in series: top fasteners, top nodes, voxel,
151 bottom nodes, and bottom fasteners. For springs in series, the equivalent axial stiffness is the
152 reciprocal of the sum of the individual spring reciprocals:

$$\frac{1}{k_{eq}} = \sum_{i=1}^n \frac{1}{k_i}$$
$$k_1 \ll k_{i>1}$$
$$k_{eq} \approx k_1$$

153
154
155
156 For large k_i and small k_l , we see that k_{eq} equals k_l , indicating that the governing value is
157 the lower spring stiffness. Using measured values for fasteners, nodes, and voxels, we see the
158 experimental value for the two-voxel assembly agrees with this analytical description, and that
159 both effective stiffness and strength are governed by voxel, and thus beam, properties. Additional
160 details on the joint load paths and hysteresis effects are presented in the supplementary material.
161 Under cycling the hysteresis rapidly decreased to a stable value, which for the stiffest lattice
162 (cuboctahedral) was approximately twice the base material, corresponding to matching the
163 hysteresis of a rigid rubber at a fraction of a percent of the density (53, 54). This can be further
164 reduced with preloaded joints (27).



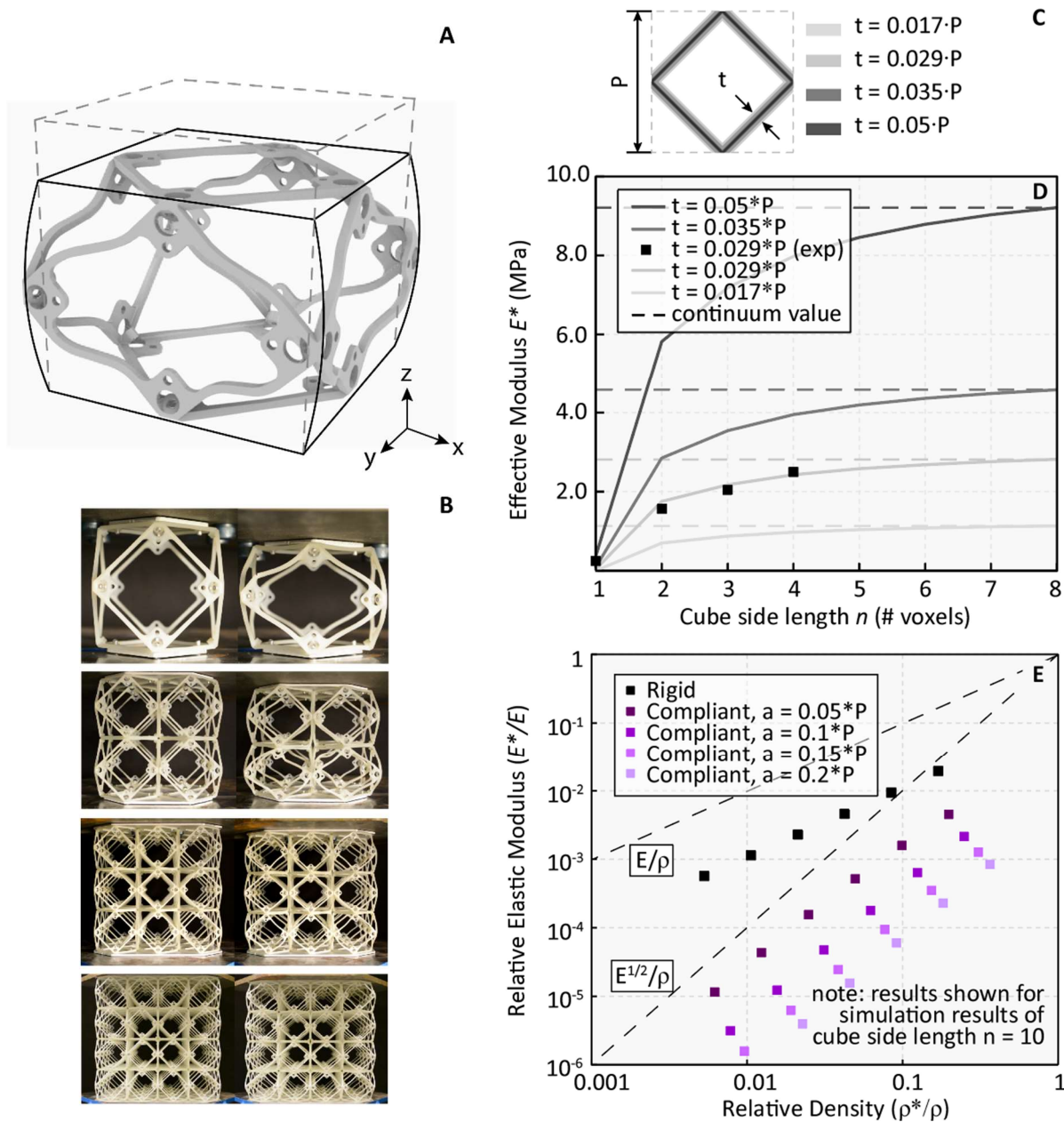
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172 **Figure 2: Four types of discretely assembled mechanical metamaterials.** Left to right: rigid,
 173 compliant, auxetic, and chiral. A) As-molded face parts, B) Single voxel, front view, C) 2x2x2
 174 Cube, front view, D) Single voxel, oblique view, E) 2x2x2 oblique view. Scale bars: A) 10mm, B,
 175 D) 25mm, C, E) 50mm.

176

177 Using this construction system, we present the discretely assembled mechanical
178 metamaterials consisting of four part types: rigid, compliant, auxetic, and chiral, shown in Figure
179 2. Six face parts (Figure 2A) are assembled to form voxels (Figure 2B), which are then assembled
180 to form multi-voxel lattices (Figure 2C). Details of the assembly procedure and throughput metrics
181 can be found in Supplementary materials.

182 Rigid voxels resolve external loading through axial beam tension and compression, resulting
183 in elastic, followed by plastic, buckling of struts. Lattices made with these parts show near-linear
184 scaling of effective modulus, positive Poisson ratio, and yield strength determined by geometric
185 and manufacturing process parameters. Compliant voxels are designed with corrugated flexure
186 beams, a motif found in flexural motion systems (29), which resolve axial beam forces through
187 elastic deformation of the planar flexures. Lattices made with these parts show consistent
188 elastomeric behavior at even single voxel resolution and have a near-zero Poisson ratio. Auxetic
189 voxels are designed as intersecting planes of re-entrant mechanisms, which expand and contract
190 laterally under uniaxial tension and compression, respectively. Lattices made with these parts show
191 a negative Poisson ratio through a combined action of pure mechanism and flexural beam bending.
192 Chiral voxels are designed with an asymmetric mechanism which responds to in plane loading by
193 producing either clockwise (CC) or counterclockwise (CCW) rotation. When interconnected in
194 three dimensions, this produces out of plane twist in response to uniaxial tension or compression.
195 By combining CC and CCW parts, internal mechanism frustration can be avoided, enabling
196 improved scalability over prior art. The four lattice types and their behaviors will be described in
197 further detail in the following subsections.



202
 203 **Figure 3: Rigid mechanical metamaterial.** A) Characteristic unit cell voxel demonstrating beam
 204 buckling and positive transverse strain in response to compressive load, B) Experimental test
 205 setup for $n = 1-4$, undeformed (L), and at initial beam failure (R), C) Geometric parameters for
 206 simulations, where beam thickness t is a function of lattice pitch P , D) Effective stiffness for
 207 reduced order beam model simulation and experimental results demonstrating asymptotic
 208 behavior approaching continuum value at increasing voxel count E) Reduced order beam model
 209 simulation results for rigid and compliant lattice of $10 \times 10 \times 10$ cube. Observable are modulus-
 210 density scaling values being linear for rigid and near quadratic for compliant.

211 The rigid lattice type exhibits relative modulus-density scaling which matches previous
 212 results in literature but does so with a novel geometric decomposition. We present experimental
 213 and numerical results for the rigid lattice type in Figure 3. The characteristic behavior of a unit
 214 cell voxel is shown in Figure 3A. The geometry is isotropic along its primary axes, and it
 215 responds to loads through axial beam tension and compression. While individual voxels are

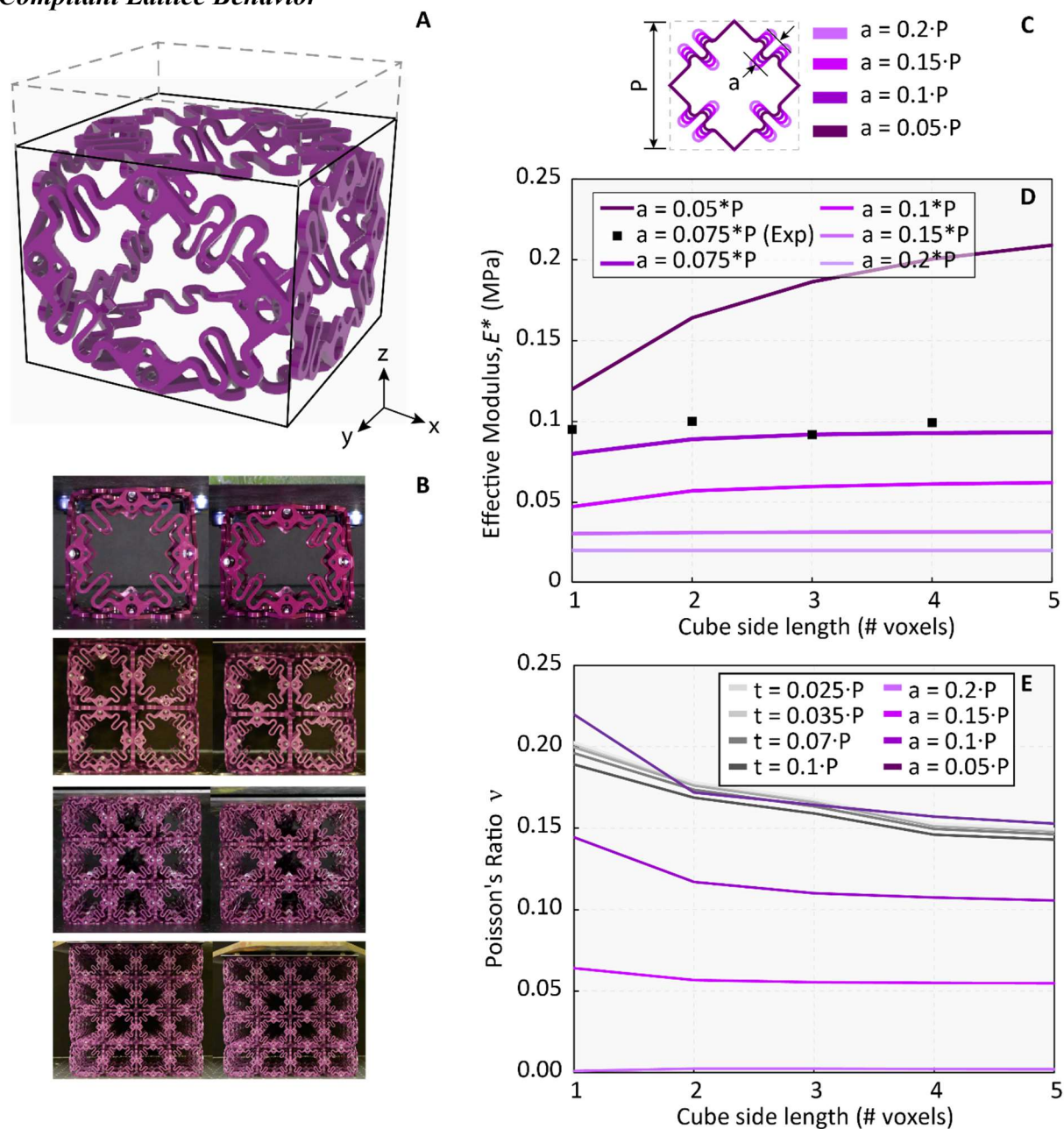
216 dominated by under-constrained, mechanism behavior of the quadrilateral faces, when multiple
217 voxels are joined, there is sufficient connectivity to provide rigidity through triangulation of
218 neighboring voxel faces. As a result, effective modulus increases with increasing cell count, and
219 this value eventually reaches an effective continuum value, as seen in Figure 3D.

220 Having established that the global behavior is governed by the beam properties, now we
221 can correlate analytical models with experimental results for effective lattice behavior. Here we
222 will look at effective elastic modulus E^* and yield strength σ_y , the former corresponding to the
223 linear portion of the stress strain curve under quasi-static loading, and the latter corresponding to
224 the failure load divided by the specimen cross section area. Stress-strain curves for lattice
225 specimens of cube side voxel count $n = 1-4$ are shown in Figure S10, where an initial linear
226 elastic regime is followed by a non-linear elastic regime and plastic yield. Using load and
227 displacement data, stress and strain values are calculated based on lattice specimen size. The
228 calculated moduli are shown with numerical results in Figure 3D, in this case using the reduced
229 order beam models as described in *Materials and Methods*. It can be seen that as voxel count n
230 increases, E^* approaches a continuum value depending on the beam thickness, and thus relative
231 density of the lattice. In the case of our built lattice, voxel cubes of side voxel count $n = 1-4$ have
232 effective moduli relative to the continuum approximation (horizontal line, value for $10 \times 10 \times 10$
233 determined numerically) of 9, 56, 73, and 89%, respectively. Discrepancy between experimental
234 and numerical results are also calculated for specimens $n = 1-4$ to be 458, 10, 6, and 3%,
235 respectively. This can be attributed to the ratio of internal to external beams increasing as voxel
236 count increases (Figure S7). The internal beams, which are fully constrained and behave as a rigid
237 network, asymptotically govern the effective global behavior.

238 These predicted effective lattice properties over the range of effective densities are plotted
239 relative to constituent values in Figure 3E. The slope of the curve connecting these points, plotted
240 on a log/log chart, provides the power scaling value, which is used to analytically predict lattice
241 behaviors at the macroscopic scale (4). Effective lattice modulus and density are related to

242 constituent material modulus and density by $\frac{E^*}{E} \propto \left(\frac{\rho^*}{\rho}\right)^b$, where b is 1 for stretch dominated
243 lattices and 2 for bending dominated. We find $b = 1.01$ for our rigid lattice. This scaling value
244 had been shown previously for the monolithic (additively manufactured) cuboctahedron lattice
245 (28) and for discretely assembled, vertex connected octahedra (27), to which we now add our
246 novel lattice decomposition. It should be noted that these effective values are from numerical
247 simulations, not experiment, though we direct the reader to Figure 3D and Figure 4D for
248 agreement between experimental and numerical results.

249 Next, we compare experimental yield stress results with analytical predictions of local
250 beam failure based on relative density, as a function of beam thickness t and lattice pitch P . Here,
251 we will use experimental data from the $4 \times 4 \times 4$ specimen, as this is closest to demonstrating
252 continuum behavior (effective modulus is 89% predicted continuum value). Based on the load at
253 failure and lattice material and geometry, we can determine a given beam compressive failure
254 load to be around 88N. We determine the analytical critical beam load using either the Euler
255 buckling formula or the Johnson parabola limit, depending on the compression member's
256 slenderness ratio (Figure S5). We determine our beam slenderness ratio to be 29.5, which is over
257 the critical slenderness ratio of 19.7 (see supplementary material for complete calculation), thus
258 we use Euler buckling formula. Because the as-molded material properties vary, we determine the
259 critical load to range from 70 to 108 N, with the mean value of 89 N very closely approximating
260 the experimental value. Thus, there is good correlation between both stiffness and strength based
261 on the design of our discrete lattice material.



266

267 **Figure 4: Compliant mechanical metamaterial.** A) Characteristic unit cell voxel demonstrating
 268 flexure spring-beam deformation and small transverse strain in response to compressive load, B)
 269 Experimental test setup for $n = 1-4$, undeformed (L), and at onset of non-linearity (R), C)
 270 Geometric parameters for simulations, where spring-beam amplitude a is a function of lattice
 271 pitch P , D) Effective stiffness simulation and experimental results, which show near continuum
 272 value at low voxel count for all but the smallest spring-beam amplitude designs, E) Simulation
 273 results for effective Poisson's ratio for rigid and compliant lattice, with large spring-beam
 274 amplitudes having a value of near zero.

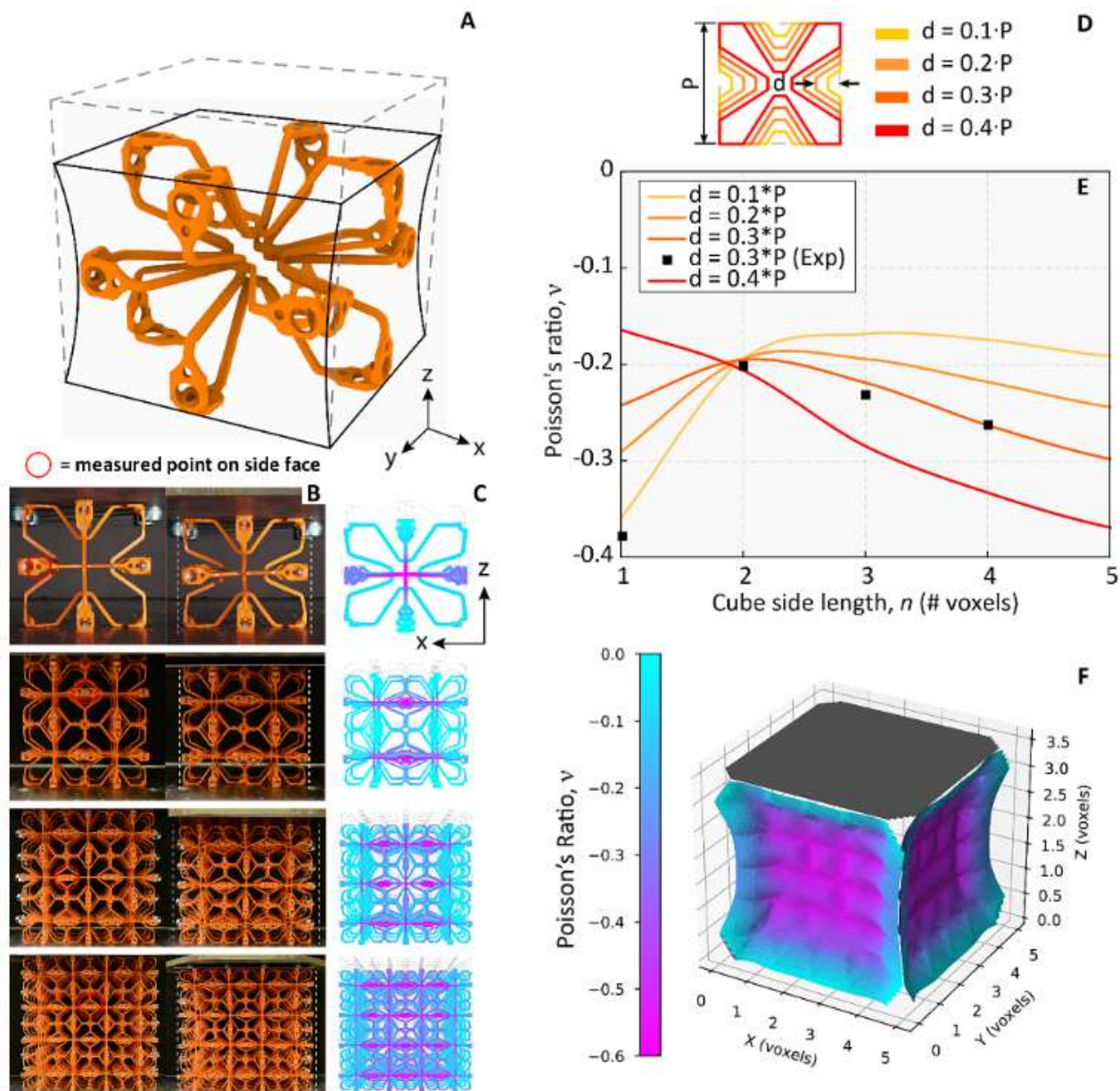
275 The compliant lattice type exhibits quadratic scaling for effective stiffness, as well as
 276 consistency across voxel counts regarding continuum behavior and elastic limit values. We
 277 present experimental and numerical results for the compliant lattice type in Figure 4. The
 278 characteristic behavior of a unit cell voxel is shown in Figure 4A. While the load paths are
 279 topologically the same as the rigid voxel, as this is a function of lattice connectivity, the

280 mechanism through which beams resolve these loads is different. Here, the planar-spring beams
281 deform in combined axial and in-plane bending, as a controllable property of the compliant
282 features we design. This produces several unique behaviors in this lattice type.

283 First, we can see from the experimental stress-strain curves that for similar strains, the
284 compliant lattice shows linear elastic behavior up until the elastic limit (Figure S10-B). The stress
285 at which this transition occurs is consistent across voxel counts, from $n = 1$ to $n = 4$. Second, the
286 effective modulus is also consistent across voxel counts. This is confirmed by simulations using
287 reduced order beam models, as shown in Figure 4D. Given the large range of linear to non-linear
288 and individual to continuum behavior seen in the rigid lattice, the compliant lattice is markedly
289 different in its consistency. This behavior is attributable to the spring-like behavior of the beams,
290 a similar observation to analytical models for stochastic foams (30). As cube specimen side length
291 voxel count increases, so do the number of springs acting in parallel, which produces an effective
292 spring stiffness $K_{eff} = K_1 + K_2 + K_n \dots$. But as spring count increases, so does effective area,
293 both proportional to side length squared. Thus, a single voxel has the same effective modulus as a
294 4x4x4 or an $n \times n \times n$ cube. This effect is reduced as beam-spring amplitude a goes to zero,
295 meaning it shows more asymptotic behavior similar to the rigid cuboct lattice.

296 Another property observed experimentally, and confirmed numerically, is a low, near-
297 zero, Poisson's ratio. Figure 4E shows the simulated effective Poisson's ratios for the compliant
298 and rigid voxel. At the largest compliant amplitude, we see a value of near zero. As the amplitude
299 a of the compliant spring feature goes to zero, the Poisson's ratio converges to around 0.15, which
300 is the effective value for the entire parameter range of the rigid lattice.

301 Finally, this lattice shows near quadratic stiffness scaling, in contrast to the near linear
302 scaling shown by the rigid lattice, while having the same base lattice topology and connectivity as
303 the rigid version (Figure 3E)—meaning it has bending-dominated behavior with a stretch
304 dominated lattice geometry. The range of spring amplitudes as a function of lattice pitch P shown
305 in Figure 3E are $a = 0.05, 0.1, 0.15, \text{ and } 0.2$, and these have scaling values of $b = 1.72, 1.89, 1.93,$
306 and 1.95, respectively. This is attributable to the localized behavior of the spring-like beams.
307 Whereas in the rigid lattice vertically oriented beams in compression are offset by horizontally
308 oriented beams in tension, resulting in stretch dominated behavior, here global strain is a function
309 of local spring-beam strain, which does not produce significant reactions at beam ends opposite
310 an external load.



314

315 **Figure 5: Auxetic mechanical metamaterial.** A) Characteristic unit cell voxel demonstrating
 316 reentrant mechanism action resulting in negative transverse strain in response to compressive
 317 load, B) Experimental test setup for $n = 1-4$, undeformed (L), and deformed to 0.2 strain (R), with
 318 measured points on side faces circled in red, C) Reduced order beam model simulation results
 319 recreating experiments, with out of plane reentrant behavior highlighted, D) Geometric
 320 parameters for simulations, where reentrant distance d is a function of lattice pitch P , E) Effective
 321 Poisson's ratio simulation and experimental results, F) 3D contour plot demonstrating effect of
 322 boundary conditions resulting in near zero Poisson's ratio at edges.

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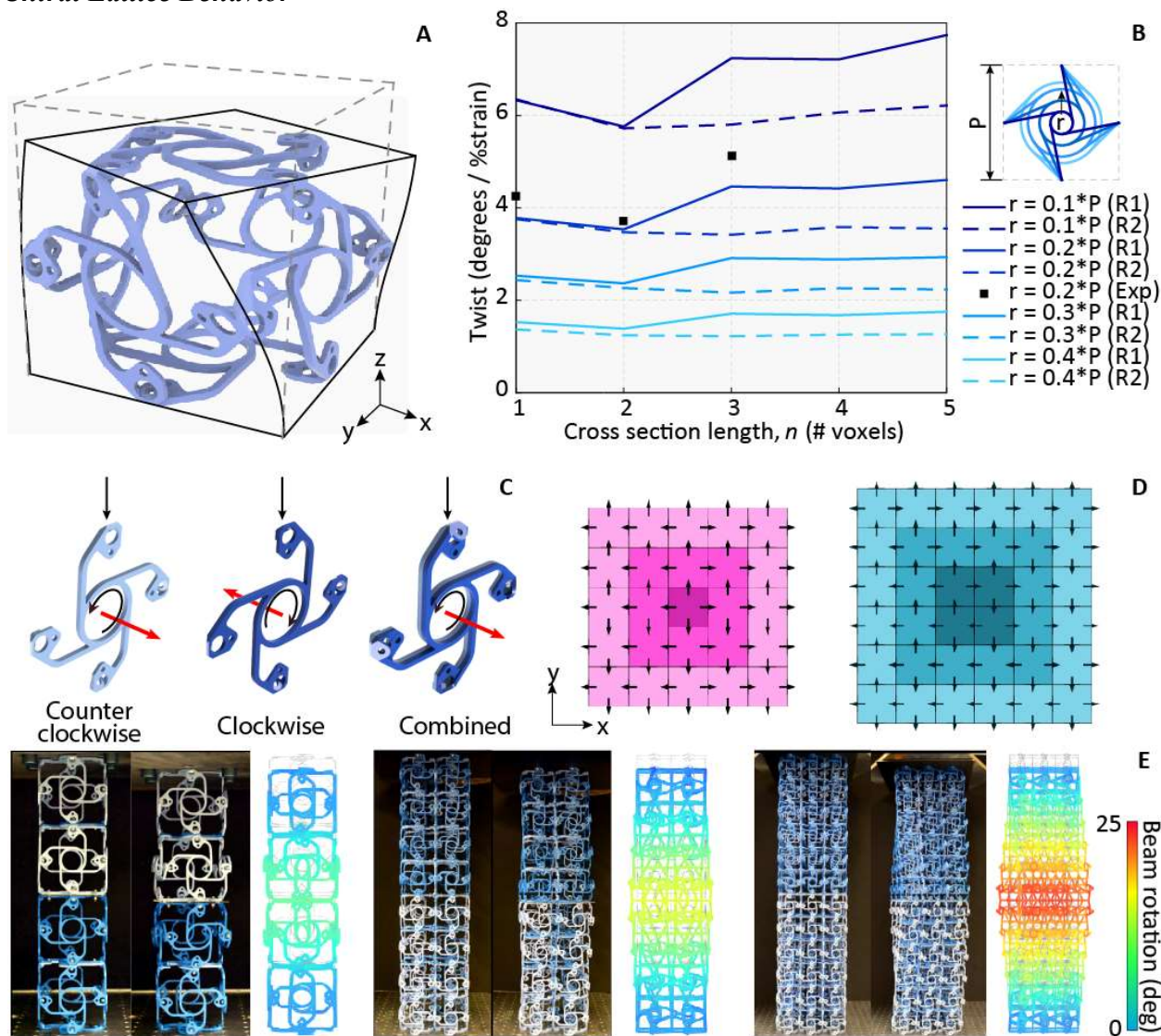
The goal of the auxetic lattice type is to exhibit a controllable negative Poisson's ratio. We present experimental and numerical results for the auxetic lattice type in Figure 5. The characteristic behavior of a unit cell voxel is shown in Figure 5A. Due to the internal architecture, which consists of interconnected, re-entrant mechanisms seen elsewhere in literature (14), the cell

329 responds to axial strain with a similarly signed transverse strain, resulting in a negative Poisson's
330 ratio ν , where $\nu = -\frac{\epsilon_{trans}}{\epsilon_{axial}}$. This value can be controlled based on the re-entrant distance d as a
331 function of lattice pitch P , as shown in Figure 5D.

332 Experimental results are shown in Figure 5B. Lattice specimens are cubes of voxel width
333 $n = 1-4$. Specimens were compressed to identical strain values ($\epsilon_{axial} = 0.2$), and transverse
334 strain was measured by visually tracking points using fiducials mounted to the nodes along
335 transverse faces (yz plane) parallel to the camera. Experimental data can be found in Figure S10-
336 C. These points are slightly obscured due to reduced reentrant behavior at the edges of the lattice.
337 In Figure 5C, we show contour plots element translation in the y direction, which is out of plane
338 and normal to the camera view. While this behavior is generally isotropic, it should be noted that
339 the effect of the internal mechanisms is reduced at the corners/edges of the cube specimen, as
340 shown in Figure 5F. The median effective strain values are plotted in Figure 5E over the range of
341 parameters shown in Figure 5D. The median was chosen to reduce the influence of the boundary
342 conditions where $\nu \approx 0$. The experimental Poisson's ratios, indicated as black squares, were
343 measured using fiducial targets and motion tracking at the points indicated in Figure 5B.

344 There are two main insights from this study. First is that the effective metamaterial
345 behavior approaches a nominal continuum value as cube side length of voxel count n increases.
346 For any re-entrant distance, this behavior can be attributed to the increase of internal mechanism
347 architecture relative to boundary conditions. Boundary conditions increase as a function of
348 surface area proportional to n^2 , while internal mechanism architecture increases as a function of
349 specimen volume proportional to n^3 . For lower values of d , the single voxel demonstrates lower
350 values for Poisson's ratio (increased auxetic behavior) compared to multi-voxel specimens, but
351 this is strongly influenced by boundary conditions, and can be considered an outlier.

352 The second insight is that the effective Poisson's ratio decreases (becomes more negative)
353 as re-entrant distance d is increased, for voxel specimens larger than $n = 1$. This can be
354 understood by considering the continuous beams of the re-entrant faces as a pseudo rigid body
355 model (PRBM), where continuous flexural mechanisms are discretized as effectively rigid links
356 connected by planar joints with torsional stiffness (ie: a spring) (31). As d decreases, so does link
357 length, causing less clearly defined boundaries between the rigid link and compliant spring joint
358 (see supplementary material for further analysis). As a result, the rigid link behavior begins to
359 dominate, causing higher overall effective stiffness and lower compliance, thus reducing the re-
360 entrant mechanism efficacy.



363

364

365 **Figure 6: Chiral mechanical metamaterial.** A) Characteristic unit cell voxel demonstrating out
 366 of plane coordinated rotation in response to compressive load, B) Simulation and experimental
 367 results for odd and even column cross sections in combination with design rules 1 and 2, C) Two
 368 chiral part types allow internal frustration to be avoided, thus enabling scalable chiral
 369 architecture, D) Design rules 1 (L) and 2 (R), which emerge from odd and even columns,
 370 respectively, E) Experimental and reduced order beam model simulation results of $n = 1, 2,$ and
 371 3, showing total twist increases as column voxel width increases, but normalized twist per strain
 372 is lower for $n = 2$.

373

374 The chiral lattice type exhibits scalable twisting behavior, which is attributable to having
375 two chiral part types, and developing a construction logic to avoid internal frustrations. We
376 present experimental and numerical results for the chiral lattice type in Figure 6. The
377 characteristic behavior of a unit cell voxel is shown in Figure 6A. Based on the chirality
378 orientation, the cell will respond to an axial strain with a macroscopic twisting in either the CW or
379 CCW direction, in the plane normal to the direction of loading (ie: loading in z direction results in
380 twisting in xy plane). The effective chirality can be measured as degrees twist per unit strain.

381 Experimental results are shown next to their numerical simulations in Figure 6E. Lattice
382 specimens are designed as columns with 1:4 width to height ratio, similar to (15). The top half is
383 CCW chiral lattice and the bottom half is CW chiral lattice. This produces the largest net twist at
384 the rigid interface between the two halves and allows fixed boundary conditions at the top and
385 bottom. Chiral columns of 1x1x4, 2x2x8, and 3x3x12 were tested in compression to identical
386 strain values ($\epsilon_{axial} = 0.05$), and twist was measured by tracking a single point at the center of
387 the lattice. Experimental results are shown in Figure S10-D. Surprisingly, the 1x1x4 shows larger
388 values for twist than the 2x2x8. This is attributable to internal architecture, which is also the cause
389 of the scalable twisting found over a range of beam sizes.

390 Experimental values for twist per strain are shown next to reduced order beam model
391 simulation results in Figure 6B, over a range of values for radius r of the face part as a function of
392 lattice pitch P , with increasing column voxel width n . We observe an increased twist per axial
393 strain for smaller values of r . This is attributable to the direct relationship between strain and twist
394 as a function of the rotational mechanism. If we assume a unit strain is translated into an arc
395 length s , then the rotation angle θ increases as circle radius r goes to zero, given . However, given
396 a nominal beam thickness t , there is a limit to how small r can become before the mechanism
397 becomes ineffective. See supplementary material for further analysis.

398 There are several key takeaways from this. First, we see that performance does not
399 decrease monotonically with increasing voxel count n , but rather stabilizes to a continuum value.
400 This is in contrast to comparable results in literature (15), and can be explained by looking more
401 closely at the combination of CW and CCW part types. Done properly, internal frustrations—
402 when CW and CCW faces are joined they essentially cancel each other's twist, resulting in zero
403 twist per strain—can be avoided, as shown in (32) by using voids. In our case, we get improved
404 twist performance by designing the internal architecture according to rules chosen to avoid
405 frustration. This means that voxel types are directionally anisotropic, in contrast to the previous
406 three lattice types, and further are spatially programmed to produce desired global effective
407 behavior. Strategies for this spatial programming are shown in Figure 6C. On the left, we show a
408 beam with odd number voxel widths. Here, design rule #1 is to orient the net face chirality
409 (represented as arrows) away from the column interior. The experimental lattices for $n=1$ and $n=3$
410 widths were built using rule #1. Design rule #2 was developed starting from $n=2$, where the
411 orientation of interior faces is ambiguous when following rule #1. Rule #2 introduces continuous,
412 clockwise circumferential orientation of the interior chiral faces and was used in construction of
413 the $n=2$ experimental articles. Both rules are hierarchical, e.g. a rule #1 5x5 column contains a
414 3x3 and 1x1 column in its interior as shown in Figure 6C. Simulations were performed for all
415 column widths using both rules and show decreased twist response for rule #2, in agreement with
416 experimental measurements. These rules were determined empirically and are not considered
417 exhaustive but indicate the importance of rational design in this lattice type.
418

419 Discussion

420 In this paper, we presented a method for producing large scale mechanical metamaterials
421 through discrete assembly of modular, mass-produced parts. We showed that bulk, continuum
422 behavior can be achieved through design of the parts and connections, ensuring global behaviors
423 are governed by local properties. We presented a finite set of part types which exhibit a diverse
424 range of behaviors. Rigid lattice types show linear stiffness-to-density scaling with predictable
425 failure modes. Compliant lattice types show quadratic stiffness-to-density scaling, as well as
426 unique bulk behavior at low cell count, such as near-zero Poisson's ratio. Auxetic lattice types
427 show controllable, isotropic negative Poisson's ratio. Chiral lattice types show scalable transverse
428 twist in response to axial strain, which is a result of two part types being used to prevent internal
429 architectural frustration. All four part types showed good agreement with numerical results, and
430 their behavior is predictable through analytical means. All lattice types are made the same way:
431 parts are injection molded and assembled to make voxels, and voxels are similarly joined to build
432 lattices. This is a low cost, highly repeatable process that promises to enable mechanical
433 metamaterials at macro scales (Figure S13).

434 There are several advantages resulting from discrete assembly which make it stand out
435 from existing fabrication methods currently available for producing metamaterials, which include
436 increased functionality, repairability, reconfigurability, and scalability. While this work presented
437 mechanical metamaterials, discretely assembled electromagnetic materials have been previously
438 demonstrated. Passive and conductive parts have been assembled into heterogeneous, functioning
439 3D circuitry (33), and rigid, flexural, and actuated building block parts were used to assemble
440 modular microrobots (34). These are millimeter to centimeter scale parts, and the extension of this
441 approach to larger scales is expected to enable novel, mesoscale cellular robots. Due to the
442 discrete nature of the construction, damaged or broken parts can be removed and replaced. This
443 was demonstrated in prior work (27), where lattice specimens were tested to initial failure (plastic
444 beam buckling and rupture), then unloaded, the damaged voxel unit was removed and replaced,
445 then the specimen was tested again. Repaired specimens showed only 1.5% loss of effective
446 stiffness and 5% loss of effective strength. Quasi-static reconfigurability was demonstrated
447 through the assembly, disassembly, and reuse of macro-scale (225mm pitch) octahedral voxels
448 (26). In that case, over 125 voxels were used to build a 5m bridge capable of holding several
449 hundred kilograms, then these were reconfigured into a boat, then these were again reconfigured
450 into a shelter. Scalability has been demonstrated in prior work, where over 4,000 injection molded
451 octahedral voxel units were assembled into a 4.25m wingspan ultralight lattice aerostructure (35).
452 The parts were manually assembled, with a mass and volumetric throughput that was competitive
453 with typical mesoscale additive processes such as SLM and FDM. The machine cost and process
454 challenges associated with making such a lattice structure with either of those methods highlights
455 the benefits of this approach. Scaling to part counts above 10^3 will benefit greatly from assembly
456 automation. Stationary gantry platforms have been fitted with end effectors for voxel transport
457 and bolting operations (46), and mobile robots have been implemented to perform similar
458 operations while locomoting on the lattice as they construct it (47). Stationary systems promise
459 high throughput for a bounded work envelope, while mobile robots can be parallelized and
460 require no global positioning due to local alignment features, offering benefits of autonomy and
461 reliability. Automation will be critical for producing these metamaterials and structures in large
462 quantities envisioned for commercial applications.

463 Injection molding as used here offers low cost and high repeatability, but it immediately
464 limits which constituent materials can be used. Sheets of material could be used with subtractive
465 processes such as milling, laser or waterjet cutting to make voxel face parts, though redesign of
466 the joints would be needed. Prior work has shown successful lattice production this way, using a
467 snap fit connection which needs a final adhesive or thermal bonding step to remove the final
468 degrees of freedom at the joints (42-45). Natural materials such as wood can be used this way,

469 and in the future moldable bio-based resins with natural fibers are expected to be commercially
470 available. Looking at scaling down our process, there are some practical limitations to both the
471 part production and the assembly. Scaling down the parts by an order of magnitude (from 75mm
472 cell pitch to 7.5mm cell pitch) should be possible based on current best practice micro-injection
473 molding and existence of commercially available micro-fasteners (see supplementary material for
474 details). Scaling down further (sub-mm cell pitch) would require novel part production and
475 joining methods, suggesting this may be a regime where conventional additive processes are
476 preferable. Rather than focus on absolute length scale, for our metamaterials we are concerned
477 with the ratio of cell size to smallest characteristic system size. Given the quasi-static loading in
478 our case, where the wavelength $2\pi/k$ goes to infinity (39), we easily achieve sub-wavelength cell
479 size, while also demonstrating effective continuum properties as a function of local cellular
480 architecture. Thus, the ability to compose macroscopic metamaterials blurs the boundaries
481 between material and structure.

482 Finally, we limited our study to a set of four distinct behaviors, shown as separate
483 homogeneous lattices. Comparable demonstrations of these properties exist in prior art, but each
484 has typically entailed dedicated development, whereas here we show a single scalable system
485 capable of achieving this range with a consistent production process based on discrete assembly.
486 Due to this, heterogeneous lattices can be made with this approach just as easily. Heterogeneous
487 metamaterials have been shown to offer exponential combinatorial possibilities (48), as well as
488 the ability to realize any arbitrary elasticity tensor (49). Further, the design of novel part
489 geometries with blends of behavior is a promising next step for use in assembling spatially graded
490 heterogeneous structures, which is one of the main benefits sought through additive processes
491 (51) to achieve functionality seen in natural systems (52). By offering a simple yet diverse set of
492 parts unified with a consistent assembly method, this work represents a significant step in
493 lowering the barrier for entry to realizing the promise of metamaterials, especially for macro-scale
494 applications. Combined with hierarchical design tools and assembly automation, we foresee this
495 research enabling emerging fields such as soft robotics, responsive aero- and hydrodynamic
496 structures, and user-defined programmable materials, thereby further merging the digital and
497 physical aspects of future engineering systems.

498
499
500

Materials and Methods

Injection molding and assembly: Part production and assembly details are shown in Figure S1. Parts were injection molded by Protolabs, a US-based CNC manufacturing service provider. To ensure low cost, parts were designed to be two-part moldable. While this is simple for the majority of the part, the inner-voxel tab and hole at 45 degrees required a custom designed opening, shown in Figure S1C. Parts were assembled with 3/32" diameter blind aluminum rivets, utilizing a pneumatic rivet gun. The voxel assembly process is shown in Figure S1D. Voxel to voxel joints used the same process, shown in Figure S1E. Metrics for assembly time and throughput are shown in Table S1.

Mechanical characterization: Small-scale tests to validate continuum behavior as shown in Figure 1 were performed on an Instron 4411 testing machine using a 5kN load cell. Lattice specimens for each type were tested in cubes of side length voxel count $n = 1, 2, 3,$ and 4. Lattice tests were performed on an Instron 5985 testing machine using a 250 kN load cell. Specimens of a given lattice type were loaded to the same amount of relative strain, at an extension rate of 10 mm/min. Both machines use Bluehill 2 software for data acquisition. Video was recorded using a Nikon D3400 camera. Video was analyzed using Tracker, an open source video analysis and modeling tool (<https://physlets.org/tracker/>).

Numerical modeling: Fully meshed FEA simulations were used to check stress concentrations, but these typically incur higher computational costs (Figures S5-6), and therefore were limited to under 10 voxels. A static stress analysis solver based on NASTRAN was used in Autodesk Fusion 360's built in simulation environment. Larger lattice models were simulated using the Frame3DD library, a freely available numerical solver implementing Timoshenko beam elements (<http://frame3dd.sourceforge.net/>) along with a python interface, PyFrame3DD (<https://github.com/WISDEM/pyFrame3DD>). For analysis of asymptotic behavior of large lattices Frame3DD was modified to incorporate sparse matrix math using CHOLMOD from the SuiteSparse library (<https://github.com/DrTimothyAldenDavis/SuiteSparse>). Python utilities were written to automate creating nodes, edges, faces and voxels, as well as applying loadings and boundary conditions using spatial rules (e.g. fixing the bottom of a lattice and applying forcing to the top nodes). These simulations were validated against a commercial software with comparable sparse matrix solving capabilities (Oasys GSA v9.0).

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Author Contributions: BJ designed and produced parts, CC developed code to perform sparse matrix numerical modeling, FT performed numerical modeling using best-practice commercial packages, AP performed mechanical testing of lattice and subsystems, MO led lattice test specimen assembly, NG provided system architecture guidance.

Data availability: All data needed to evaluate the conclusions in the paper are present in the paper and/or the Supplementary Materials

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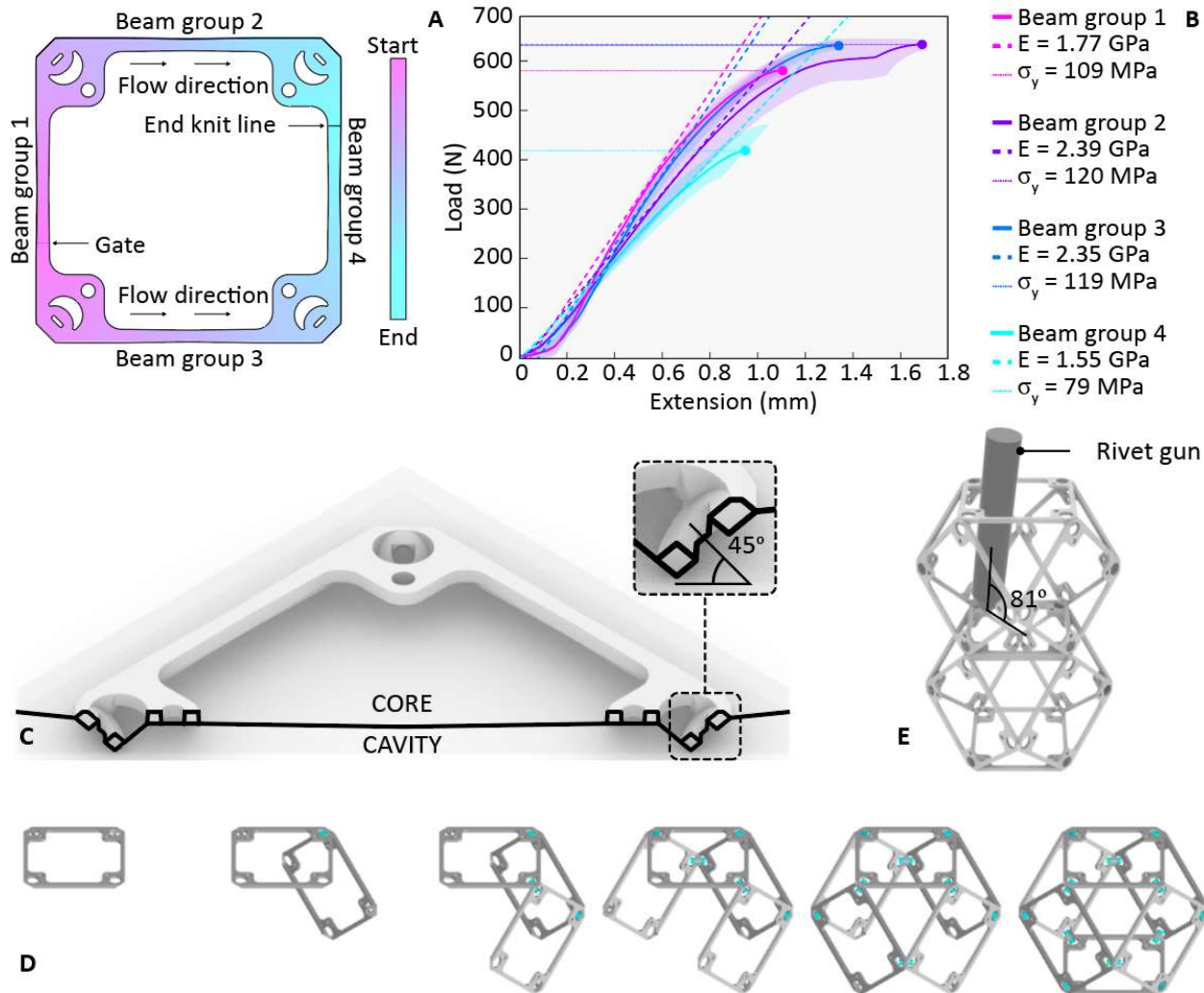
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680 **Supplementary Materials**
681 Figure S 1: Production of lattice by injection molding and assembly.
682 Figure S 2: Voxel scaling.
683 Figure S 3: Load paths in rigid Cuboct lattice.
684 Figure S 4: Characterization of lattice hysteresis
685 Figure S 5: Relationship between compression member slenderness ratio, failure mode, and
686 resulting lattice relative density.
687 Figure S 6: Free body diagram of unit cell for each lattice type.
688 Figure S 7: Boundary vs internal conditions as a function of cube side length.
689 Figure S 8: Comparison of numerical models for rigid cuboct voxels.
690 Figure S 9: Beam model mesh convergence studies.
691 Figure S 10: Experimental results.
692 Figure S 11: As-built lattice specimens.
693 Figure S 12: 10x10x10 voxel cube.
694 Figure S 13: Large scale application of discretely assembled mechanical metamaterial as a car
695 frame.
696 Table S 1: Assembly metrics
697 Table S 2: Comparison between additive manufacturing and discrete assembly
698
699 Video files:
700 Video S1: Rigid lattice type
701 Video S2: Compliant lattice type
702 Video S3: Auxetic lattice type
703 Video S4: Chiral lattice type
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706 **Part geometry, molding, assembly**

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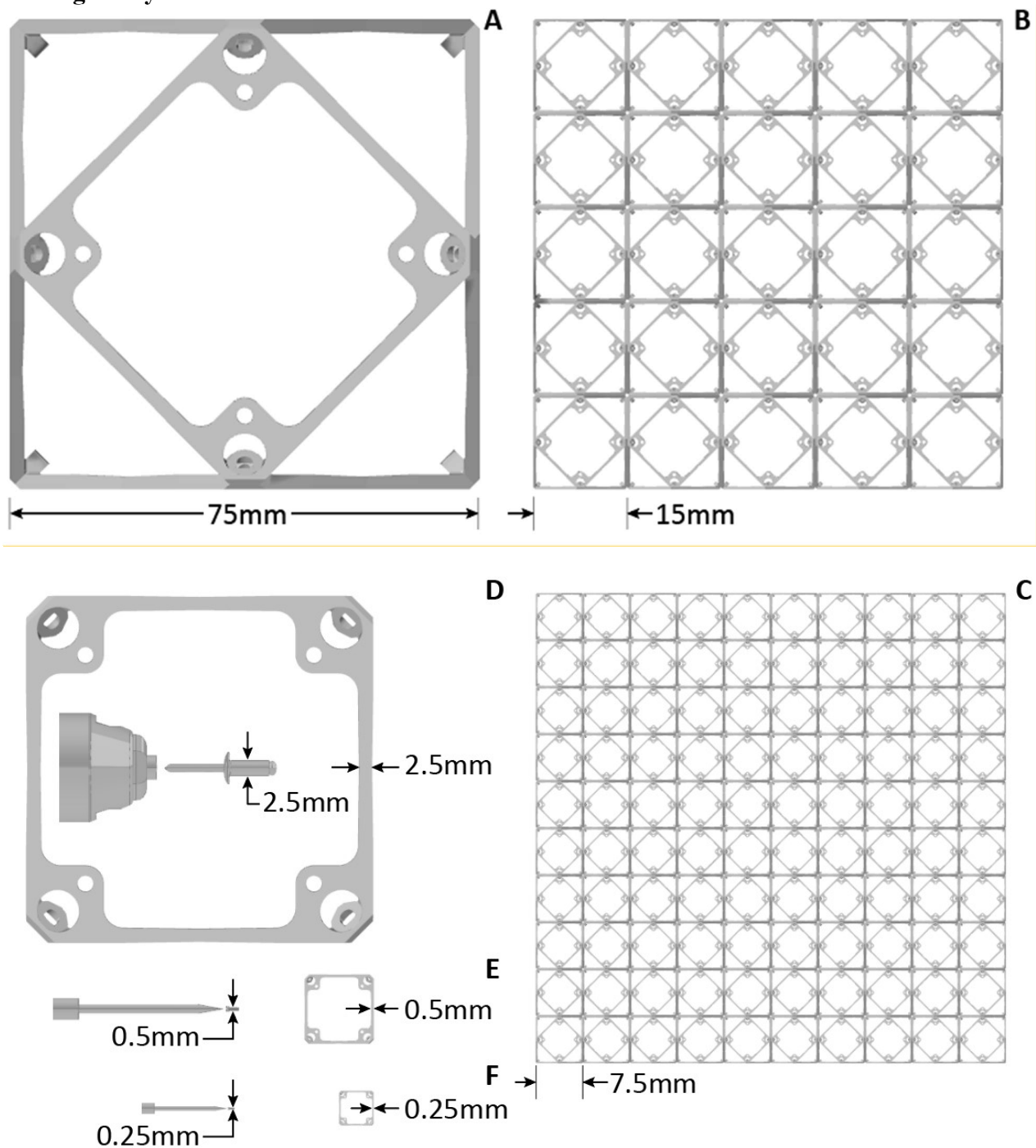
709 **Figure S 1: Production of lattice by injection molding and assembly.** A) Injection molding gate
 710 layout and resulting material flow and knit line location, B) Characterization of different beam
 711 groups based on relative locations on part, C) Two part mold, with cavity below and core above,
 712 and a detailed view of the 45 degree angle hole, which is achieved by splitting the feature
 713 between core and cavity, D) Voxel assembly sequence. Faces are joined together one at a time,
 714 using rivets at the corners. A voxel consists of six faces and twelve rivets. E) Neighboring voxels
 715 are joined with the same method, rivet gun shown entering opposite face, at slight angle due to
 716 interference with inter-voxel joint node of entering face.

717 We characterized the as-molded properties of the GFRP material, where the elastic
 718 modulus and yield strength vary based on the location of the gate and resulting knit lines. For
 719 injection molded FRP, fiber concentration reduces with distance from the gate. The highest
 720 concentration is around the gate, resulting in relatively high stiffness, but residual thermal and
 721 mechanical stress from the injection process cause a relatively lower yield strength. At the end of
 722 the flow, knit lines can result in around 50% yield strength reduction (27), in addition to reduced
 723 elastic modulus owing to distance from the gate. Therefore, controlling the location of these
 724 features is important. We want to avoid having the gate or knit line occur near the middle of the
 725 beam, where stress will be magnified during beam buckling induced strain. We also want to avoid
 726 having the end knit line occur on the inter- or inner-voxel nodes. Aside from operational stresses,

727 during the voxel construction the outward force of the rivet expanding from actuation causes
728 circumferential stress in the node area which can result in rupture along knit lines.

729 The resulting gate and knit line locations are shown for the rigid part type in Figure S1A,
730 with contours indicating the flow location at increasing time steps. To characterize the range of
731 as-molded material properties, specimens from each beam group were extracted from the faces
732 and tested in uniaxial tension until failure, and the resulting elastic modulus and yield strength
733 were calculated, as shown in Figure S1B. Our findings confirm several key aspects of part
734 production. Beam group 1, which is closest to the gate, has high fiber content, thus a high elastic
735 modulus, but has lower yield strength due to residual stress caused by gate proximity. Beam
736 groups 2 and 3 have flows that move continuously from one end to the other, which promotes
737 axial fiber alignment, giving a higher elastic modulus and yield strength. The last beam group has
738 the lowest modulus, due to being at the end of the flow front, and the lowest strength, due to knit
739 line proximity.

742 **Scaling Study**



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747 **Figure S 2: Voxel scaling.** A) Current voxel with 75mm pitch, B) 5x shrink (20% original size)
 748 with 15mm pitch, C) x10 shrink (10% original size) with 7.5mm pitch, D) 75mm pitch face part
 749 with 2.5mm beam thickness and 2.5mm diameter rivet with rivet tool, E) 15mm pitch face part
 750 with 0.5mm beam thickness and 0.5mm diameter fastener (screwdriver shown for reference), F)
 751 7.5mm pitch face part with 0.25mm beam thickness and 0.25mm diameter fastener with scaled
 752 screwdriver for reference.

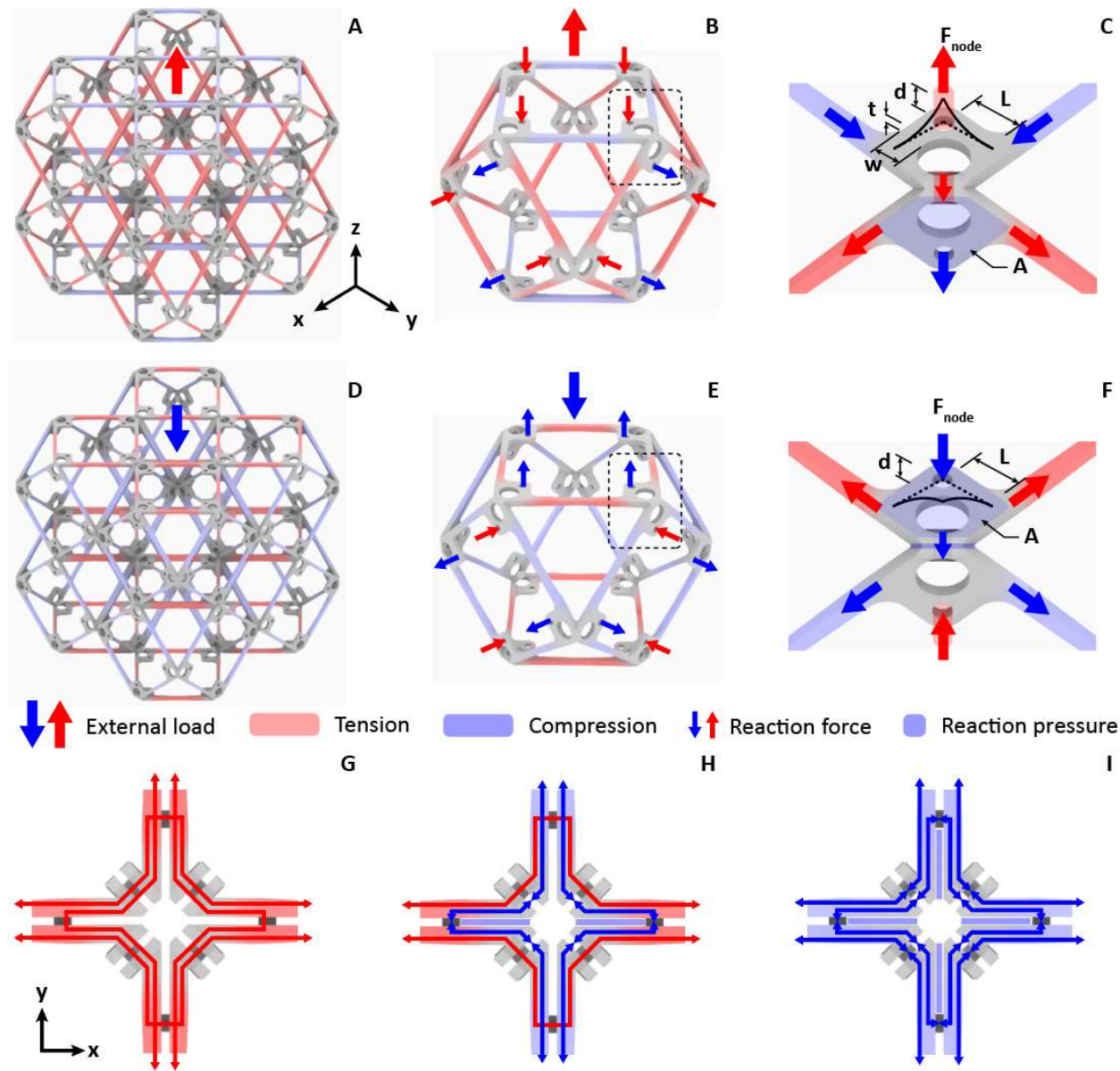
753 The scale of our system was originally driven by an application (see Figure S13). A 75mm
 754 lattice pitch was deemed appropriate in terms of spatial resolution (the higher the better) and
 755 number of parts (the fewer the better). But a 75mm unit cell is large compared to the majority of

756 published lattice metamaterials, which typically have micrometer scale beam elements composing
757 centimeter scale parts. One argument in favor of discrete assembly is the practicality: for tooling
758 on the order of 10^3 USD and parts on the order of 10^0 USD, with commercially available fasteners
759 and tools costing 10^2 USD, one can build large-scale mechanical metamaterials with no additional
760 overhead. But if one wanted higher spatial resolution with a smaller unit cell, how well would the
761 system presented here scale down? Here we can look at two critical aspects: part manufacturing
762 and part joining.

763 Commercially available injection molding specifies minimum wall thickness of around
764 0.5mm, with some more specialized micro-molding services offering as thin as 0.15mm (36). Our
765 parts have beam thickness of 2.5mm, so just looking at isometrically scaling the part down (which
766 is sub-optimal, but useful for this exercise), we can get a part size shrink of 5x with typical
767 commercial molding. Micro-molding can potentially provide up to x16 shrink; using a x10 shrink
768 factor gives 0.25mm thick beams. So, while the cost model may become less favorable, micro-
769 molding can produce lattice parts with 7.5mm pitch.

770 For joints, rivets do not scale down past 1/16" (1.35mm) diameter. The smallest
771 commercially available screws tend to be 0000-xxx or M0.5, both with diameters of around
772 0.5mm. Based on the current design, scaling isometrically x5 would work. Fasteners with
773 0.25mm diameter for the x10 shrink may need to be custom made, which is a cost penalty. So the
774 practical limit for this method is a 5x shrink (15mm pitch), but the technical limit is around 10x
775 (7.5mm pitch). Smaller than this will likely require custom part and fastener manufacturing with
776 processes such as subtractive laser milling commonly seen in MEMS fabrication (50). Clearly, at
777 this scale, we do not come close to achieving the "size effects" shown at nanometer scale features,
778 where effective properties such as strength exceed those of the constituent material (40) (41).

779 **Discrete lattice load path analysis**

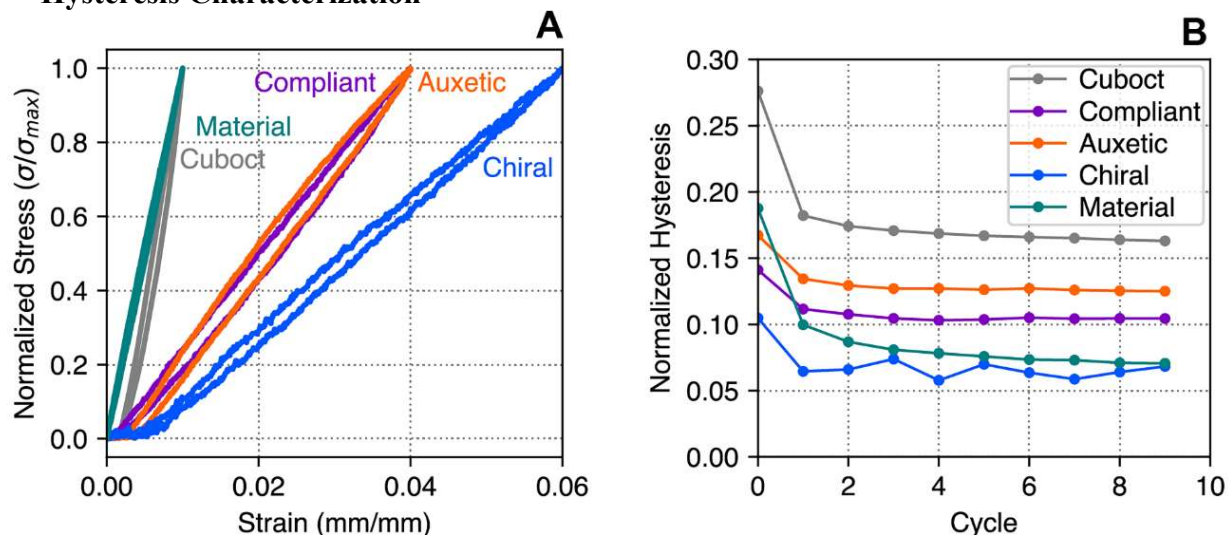


783 **Figure S 3: Load paths in rigid Cuboct lattice.** A) $2 \times 2 \times 2$ cube under uniaxial tension in Z
 784 direction, B) sample voxel under tension in Z direction, C) detail of corner joint showing internal
 785 load transfer, D) $2 \times 2 \times 2$ cube under uniaxial compression in Z direction, E) sample voxel under
 786 compression in Z direction, F) detail of corner joint showing internal load transfer, G)
 787 illustration of cross-axis load transfer at joints, showing XZ and YZ planes in uniform tension, H)
 788 mixed compression and tension, and I) uniform compression.

789 The rigid cuboct is taken as the base unit, which is used for describing system architecture such as
790 critical dimensions and relative structural performance metrics. Figure S3A shows a 2x2x2 cube
791 loaded in tension in the positive Z direction. We can observe that in-plane beams parallel to the
792 loading direction (XY and YZ planes) go into tension, which results in the out of plane members
793 (XY plane) go into compression. Assuming periodic boundary conditions, a single representative
794 voxel is shown in Figure S3B, where external loading and reaction forces at outward facing nodes
795 are shown. XY plane nodes logically go into tension on the top and bottom faces of the voxel. XZ
796 and YZ faces have combined tension and compression reaction forces at the nodes, while all
797 beams are in tension. Due to the construction employed, in-plane face loads are transferred
798 through adjacent nodes to the outward face, which is normal to the load path direction, as shown
799 in Figure S3C. At the junction of four, in-plane voxels, there are 3 possible load paths: all
800 compression, all tension, or mixed tension and compression (Figure S3G-I). All compression is
801 resolved through contact pressure of the node area, which helps in reducing the resulting pressure
802 magnitude. All tension loads transfer from in plane beams, through inner-voxel joints, then
803 through rivets which are parallel to the load path but fixtured to faces which are normal to the
804 load path. Combined loads have overlapping, orthogonal load paths.

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Hysteresis Characterization



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810 **Figure S 4: Characterization of lattice hysteresis.** A) Single cycle hysteresis loops for lattice
 811 specimens (4x4x4 Cuboct, Compliant and Auxetic, 3x3x12 Chiral) as well as raw GFR Nylon
 812 material, B) History of hysteresis loop strain energy normalized by total strain energy for
 813 specimens in A

814 While the voxel joints do not influence the static behavior of the lattice, they do introduce
 815 repeatable hysteresis through micro-slip at the riveted joints. Figure S4A shows representative
 816 hysteresis loops from a single loading-unloading cycle for the largest fabricated lattice samples
 817 and the raw lattice material, while Figure S4B shows hysteresis as a ratio of dissipated energy
 818 over loading strain energy for 10 complete cycles. All specimens exhibit an initial larger
 819 hysteresis loop, possibly due to Instron fixturing, before settling to consistent hysteresis levels in
 820 subsequent cycles. The cuboctahedral lattice, with the largest stresses at connection points, has
 821 the largest hysteresis magnitude, approximately twice that of the base material. This corresponds
 822 to matching the hysteresis of a rigid rubber at a fraction of a percent of the density (53, 54). The
 823 auxetic and compliant lattices have lower hysteresis, while the chiral sample displays no
 824 additional hysteresis compared to the bulk material. Hysteresis can be further reduced with
 825 preloaded joints (27).

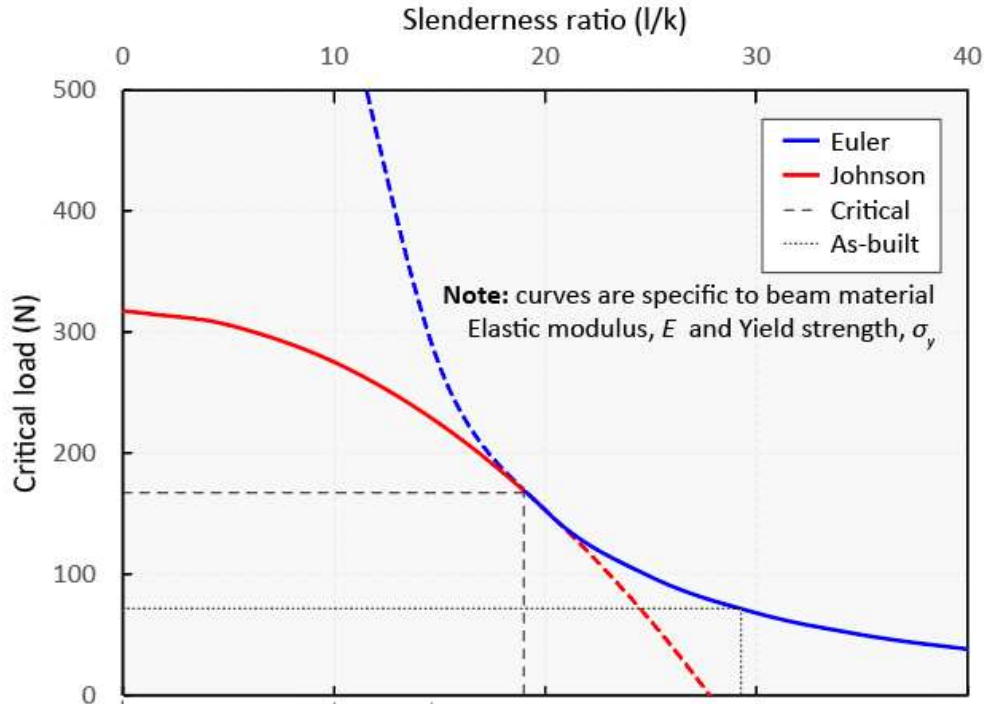
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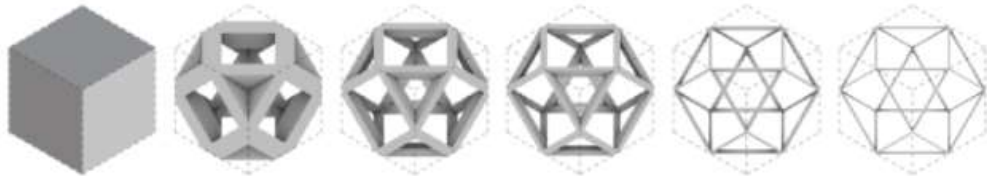
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830 **Beam slenderness and relative density**



Relative Density	100%	30%	10%	5%	1%	0.5%
Beam slenderness ratio (l/k)	n/a	10:1	15:1	30:1	60:1	100:1



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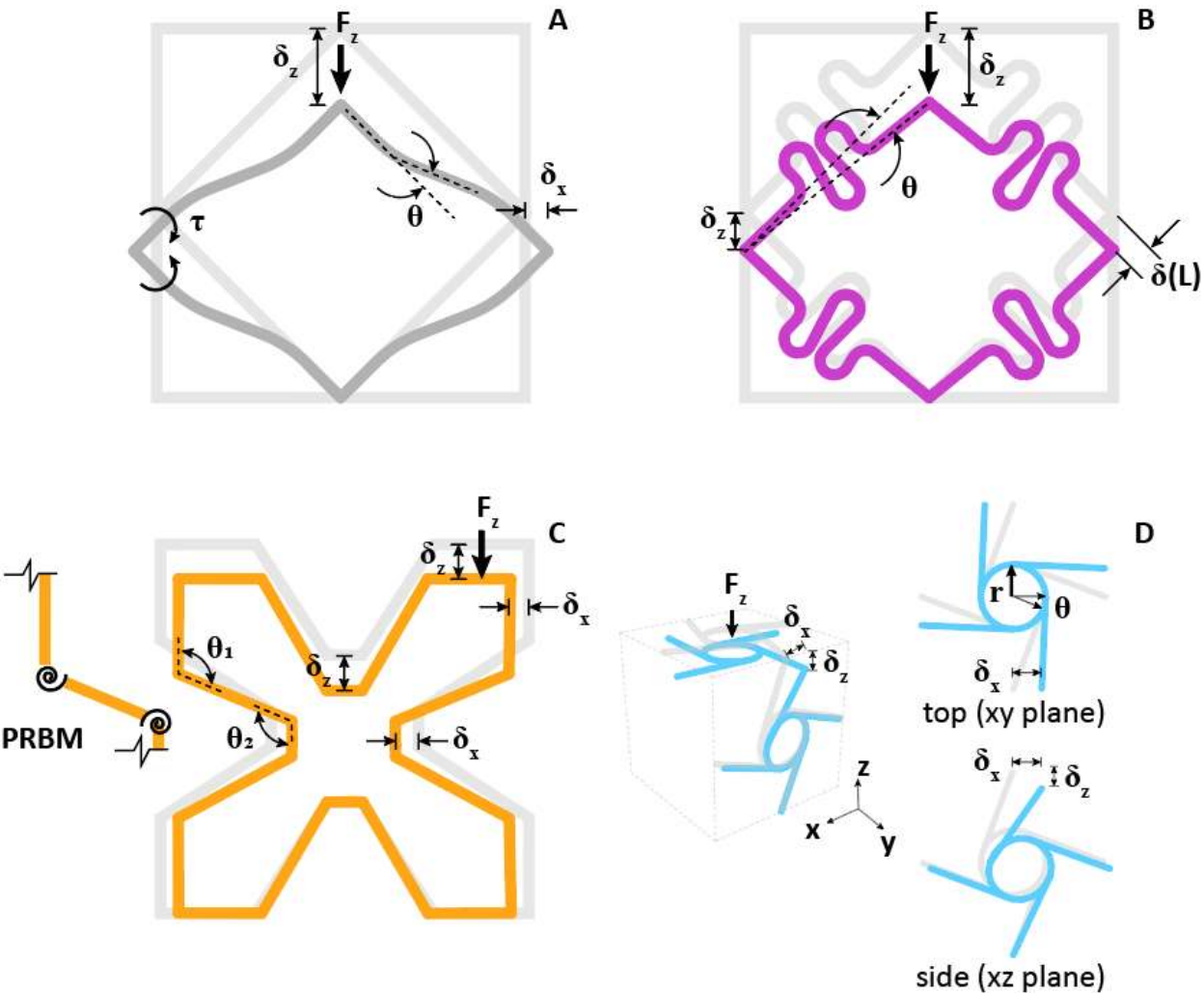
832 **Figure S 5: Relationship between compression member slenderness ratio, failure mode, and**
 833 **resulting lattice relative density.** Beams above the critical slenderness ratio ($l/k = 29.5$) fail by
 834 elastic buckling, beams below fail by plastic buckling. Relative densities above 30% are invalid
 835 for cellular theory to apply.

836 Here we discuss yield strength as the point at which initial beam failure occurs. The
 837 mechanism for this failure is important for understanding how the discrete lattice system behaves
 838 as a continuum lattice. As shown in Figure S 3, external loads are resolved internally as beam
 839 tension and compression. Beam tensile failure is determined by constituent material and beam
 840 cross sectional area, with the critical force $F_{cr} = \sigma_t * A$.

841 Beams in compression fail in different ways depending on their slenderness ratio, defined
 842 as effective length over radius of gyration, $\left(\frac{l}{k}\right) = L_{ef}\sqrt{A/I}$. This is used to describe three
 843 compression member types in terms of their failure modes: short, intermediate, and long. As
 844 cellular solid theory is only applicable at relative densities under 30%, we limit our analysis to
 845 beams with slenderness ratios above 4:1. For sparse Euler buckling is the elastic stability limit,
 846 and is applicable to long members, but as slenderness ratio goes to zero, Euler buckling
 847 predictions go to infinity. Therefore, the Johnson parabola curve considers material yield strain

848 (σ_y/E) , the strain at which the material ceases to be linearly elastic, in calculating the inelastic
849 stability limit. The transition between long and intermediate occurs at the critical slenderness
850 ratio, which can be calculated using material and beam geometric properties (40).
851 Our material is a GFRP with an elastic modulus $E = 2$ GPa and yield strength $\sigma_y = 107$
852 MPa, and we can calculate critical slenderness using $\left(\frac{l}{k}\right)_{cr} = \sqrt{2\pi^2 E/\sigma_y} = 19.21$. Based on our
853 part geometry, we find our beam slenderness to be ~ 29.5 . Therefore, our beams should fail based
854 on Euler buckling at a critical load $F_{cr} = 70$ N. Using the yield strength values from Figure S 7A,
855 we can determine the experimental value for critical beam load by dividing the global peak load
856 (7.8 kN) by the cross sectional voxel count (16), resulting in 487.5 N/voxel, 121.9 N/node, which
857 is carried by two beams at 45 degree angles, giving a beam load of 86N.
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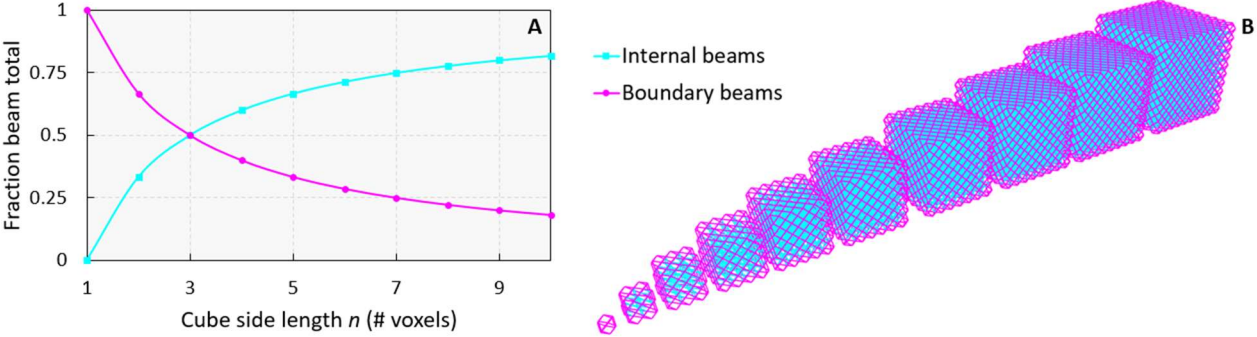
859 Free body diagrams of each lattice type



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861 **Figure S 6: Free body diagram of unit cell for each lattice type.** A) Rigid lattice type resolves
 862 external loads through axial member forces, in this case shown as compression and resulting
 863 member buckling, B) Compliant lattice type resolves external loads through axial shortening
 864 combined with a small amount of bending, producing little to no lateral reaction forces at nodes,
 865 C) Auxetic lattice type deforms through bending at the joints, and can be considered a pseudo
 866 rigid body model as shown to the side, D) Chiral lattice type deforms by bending and rotation in
 867 side faces, and nearly pure rotation in top face, thus producing chiral response.

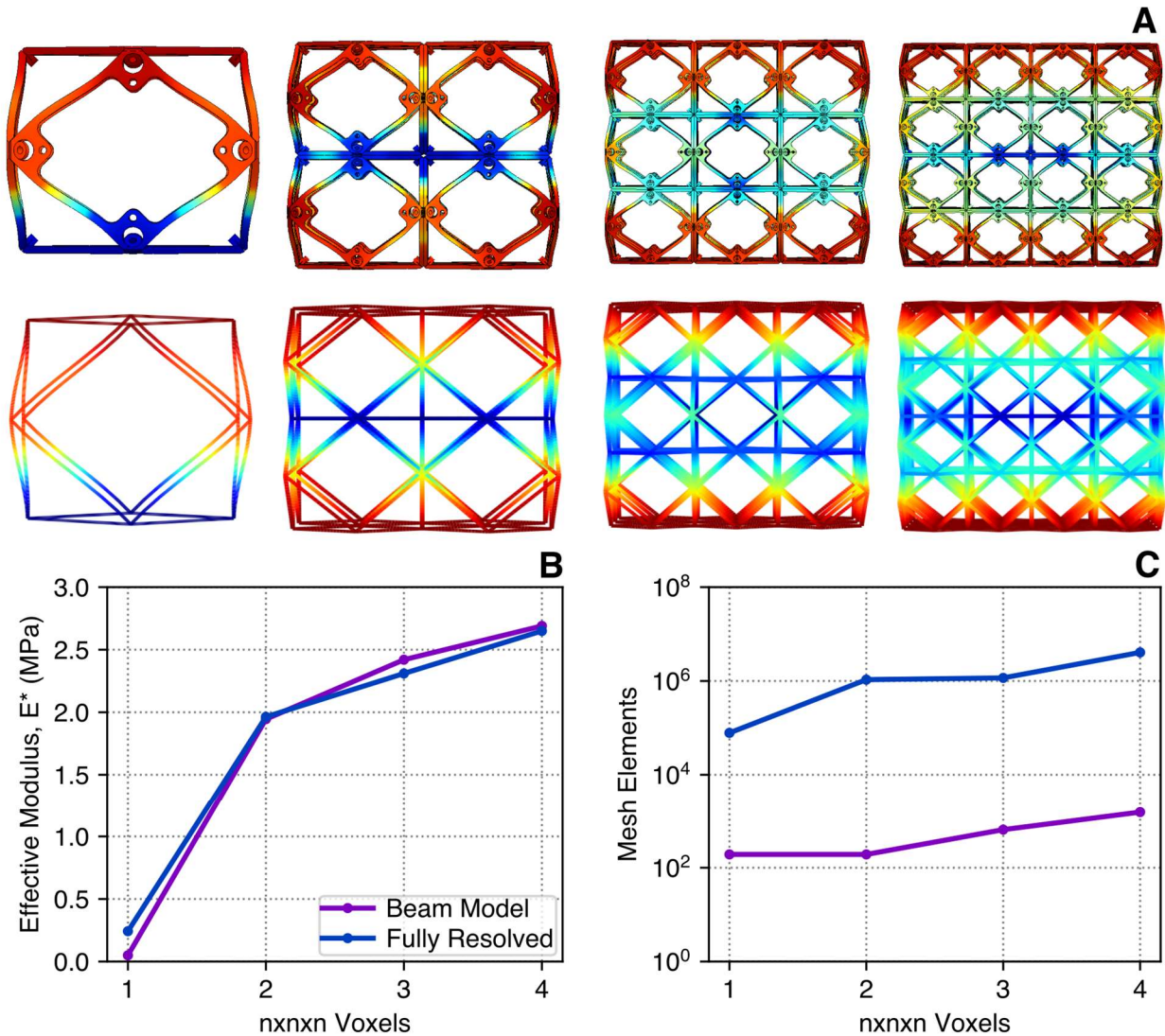
868 **Boundary vs internal conditions with increasing voxel count**



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870 **Figure S 7: Boundary vs internal conditions as a function of cube side length.** A) A single voxel
871 is all boundary conditions, but this balances at $n = 3$, then continues increasing asymptotically
872 for internal and decreasing asymptotically for boundary, B) Visualization of cube from $n = 1$ to n
873 = 10.

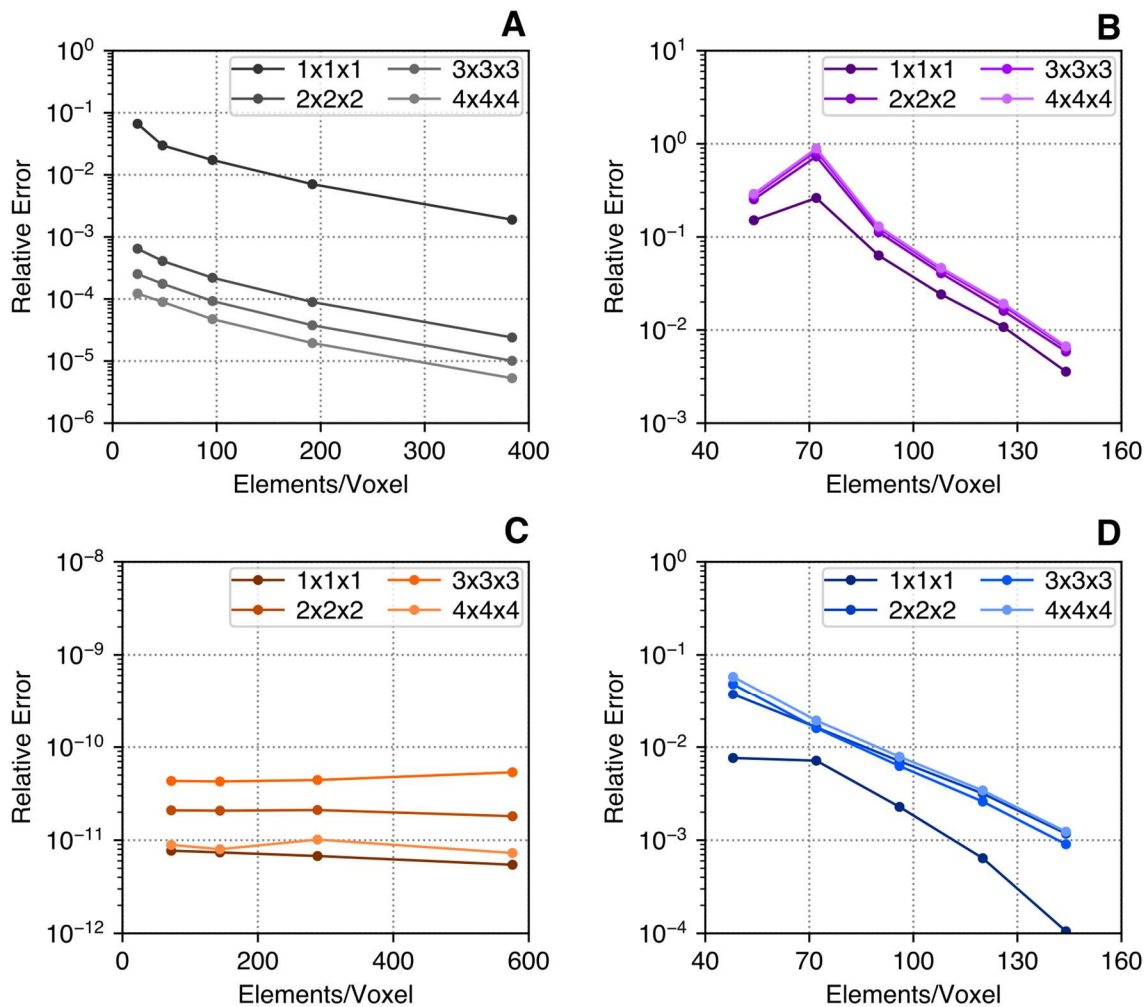
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877 **Figure S 8: Comparison of numerical models for rigid cuboct voxels.** A) Deformed cuboct
 878 lattices colored by displacement fully meshed FEA (top) and beam models (bottom), B)
 879 Comparison of effective modulus of beam and fully resolved FEA models, C) Number of elements
 880 for beam and fully meshed FEA models

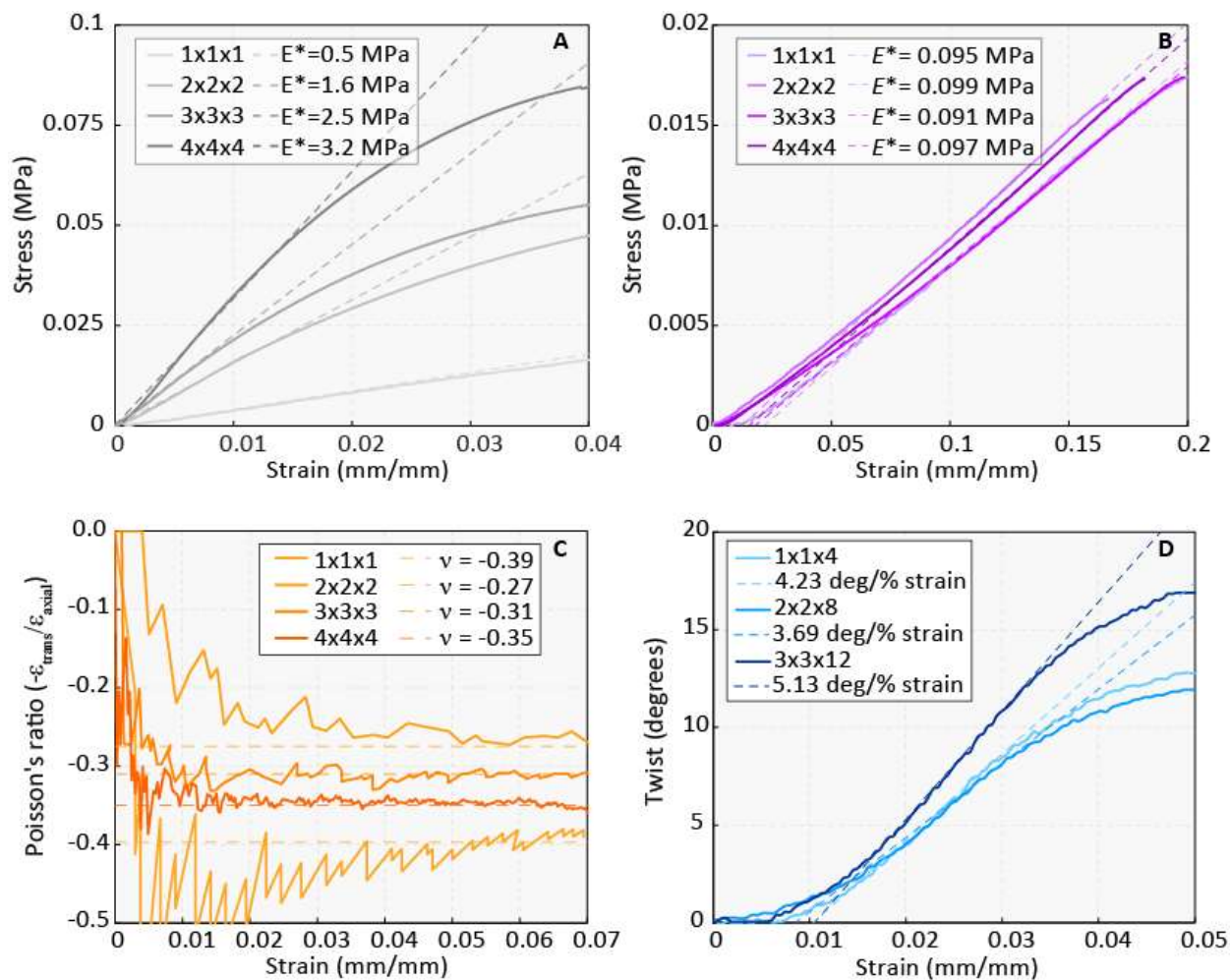
881 Here we compare fully meshed and beam FEA models. Figure S 8 A shows qualitative agreement
 882 between the fully meshed (top) and beam (bottom) models for uniform displacement boundary
 883 conditions. The effective moduli from the two models in Figure S 8 B show good agreement, with
 884 the largest relative error for a single voxel where the boundary conditions have a large effect on
 885 the voxel response. The number of elements needed to resolve the lattice samples is shown in
 886 Figure S 8 C. Fully meshed FEA results used adaptive mesh refinement to converge strain energy
 887 to within 95%, while beam mesh convergence studies are presented in Figure S 9. The fully
 888 meshed FEA requires approximately 3 orders of magnitude more elements than the corresponding
 889 beam model.



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892 **Figure S 9: Beam model mesh convergence studies.** A) Cuboctahedral lattice convergence of
893 E^* , B) Compliant lattice convergence of E^* , C) Auxetic lattice convergence of Poisson ratio, D)
894 Chiral lattice convergence of twist (degrees/% strain)

895 Convergence studies for the four lattice types are shown in Figure S 9. The error is defined
896 relative to a reference, highly refined result for the relevant quantity of interest for each lattice
897 type: effective modulus, Poisson ratio, and twist for the cuboctahedral and compliant, auxetic, and
898 chiral lattices respectively. All results presented in the main text are converged to within 1% of
899 the reference solution. The cuboctahedral results for side length of 2 or greater are converged with
900 just one beam element per edge, while the single voxel requires at least 8 elements per edge. This
901 is related to the effect of boundary conditions and the increasingly extension dominated behavior
902 of the cuboctahedral lattice as the number of cells increases. Convergence of the compliant and
903 chiral voxels is dominated by increasing resolution of the curvilinear features present, while the
904 Poisson's ratio of the auxetic voxels are converged to within model precision with just one
905 element per beam.

907 **Experimental results**



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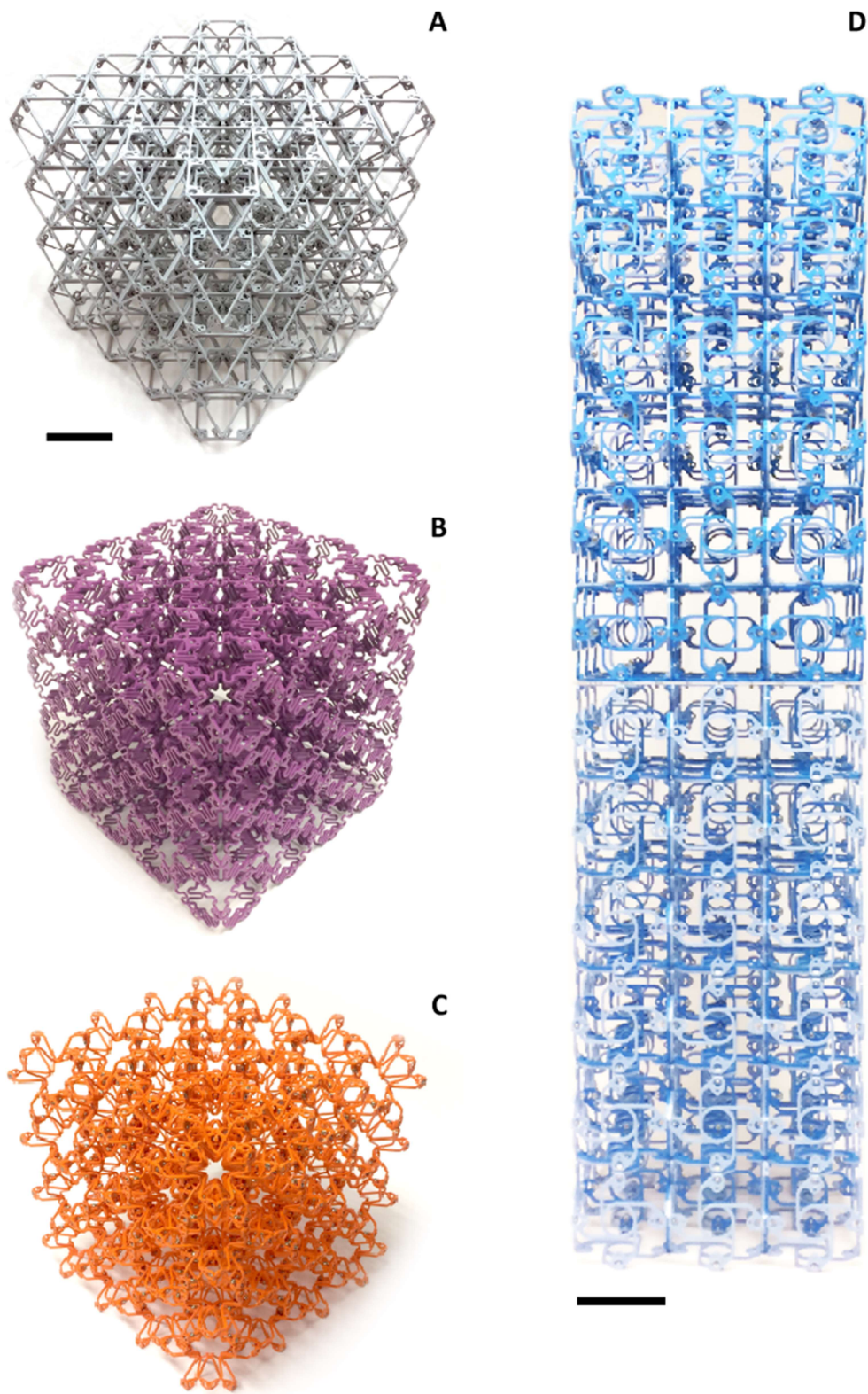
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910 **Figure S 10: Experimental results. A) Rigid, B) Compliant, C) Auxetic, D) Chiral.**

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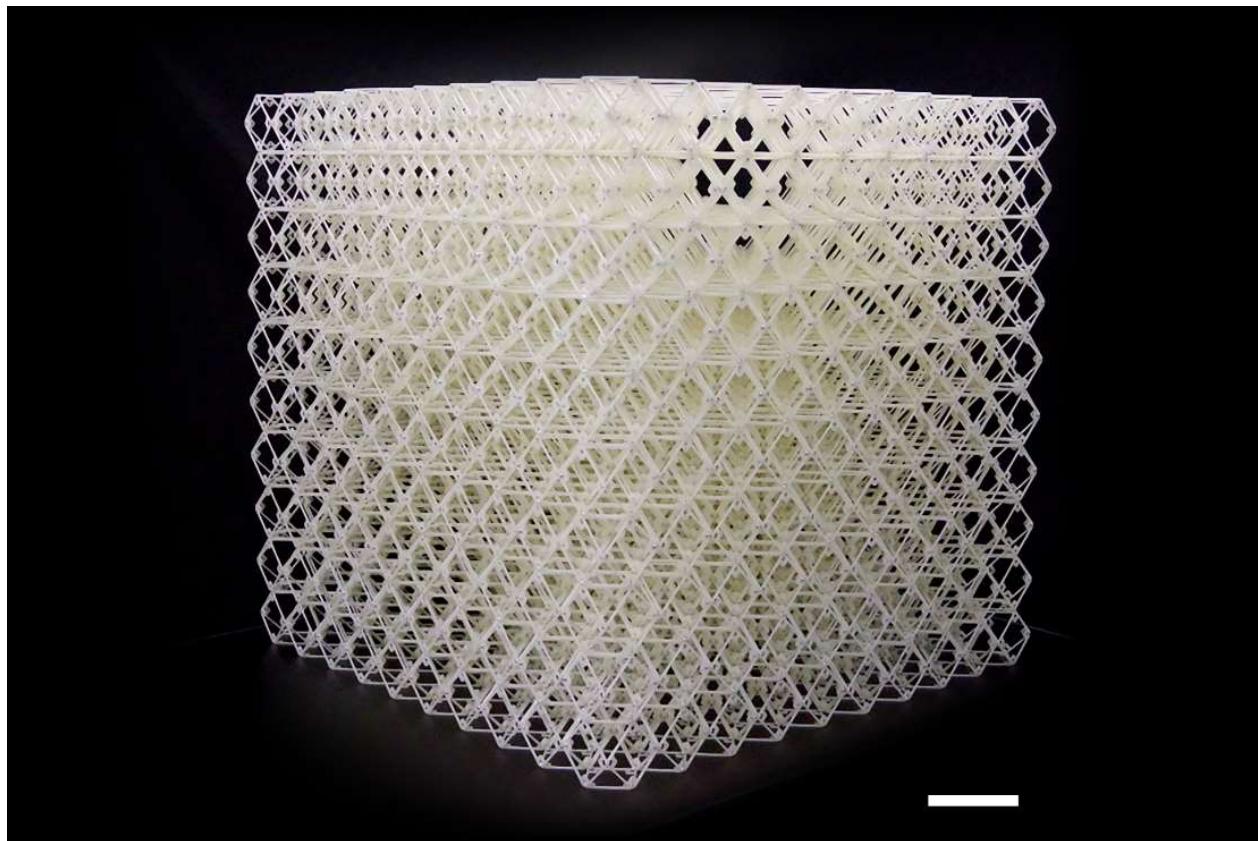
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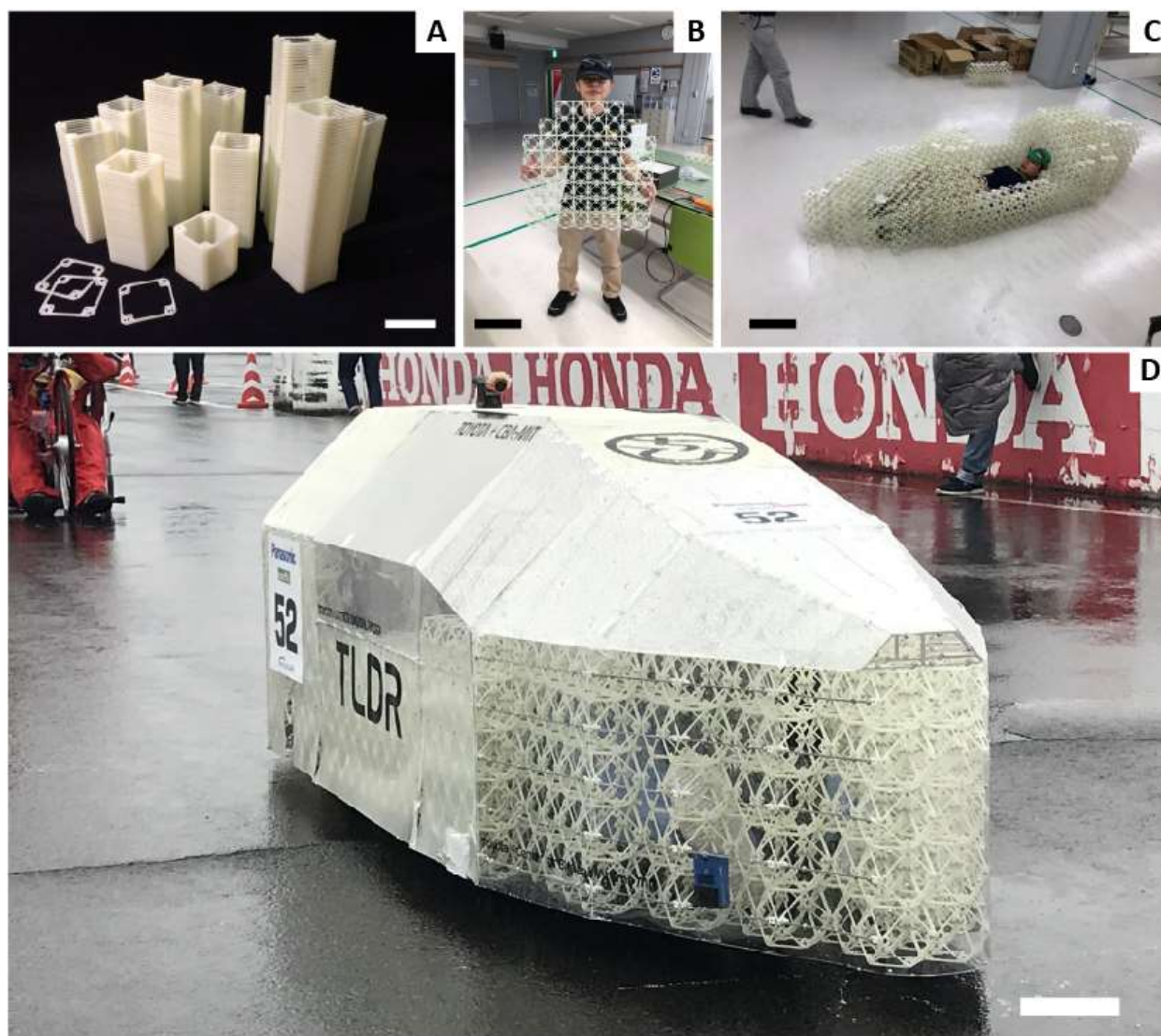
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916 **Figure S 11: As-built lattice specimens.** A) Rigid, B) Compliant, C) Auxetic, D) Chiral. Scale bar:
917 75mm.

918 **Macro-scale structural application**



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Figure S 12: 10x10x10 voxel cube. Voxels are passively stacked, in preparation for assembly into cellular car frame shown in Figure S 11. Cube side length is 750mm. Scale bar: 100mm.



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Figure S 13: Large scale Application of discretely assembled mechanical metamaterial as a car frame. A) Mass produced parts, B) Assembled layer, C) Completed frame without subsystems, D) Supermileage vehicle in operation. Scale bars A) 75mm, B) 225mm, C) 225mm, D) 150mm. Image credit: Kohshi Katoh, Toyota Motor Corporation.

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Table S1: Assembly metrics

Specimen cube voxel width n	Total voxels	Total Rivets	Avg rivets/voxel	Time/voxel (min)	Total time (min)	cm ³ /hr	g/hr
1	1	12	12	1.5	1.5	16,876	500
2	8	144	18	2.25	18	11,250	333
3	27	540	20	2.5	67.5	10,125	300
4	64	1344	21	2.625	168	9,643	285
5*	125	2700	21.6	2.7	337.5	9,375	277
10*	1000	22800	22.8	2.85	2850	8,882	263
N^*	N^3	$N^3*12 + [N^2*(3(N-1))]*4$	24	3	$3*N^3$	8,440	250

929 * = projected (not built), Avg Rivet time = 7.5s, Voxel mass = 12.5g, Voxel vol = 422 cm³

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Table S2: Comparison between additive manufacturing and discrete assembly

Manufacturing Method	Volume rate (cm ³ /hr)	Mass rate g/hr	Machine/setup cost	Part scale
Selective laser melting (SLM) (55)	<170	<195	10 ⁵ -10 ⁶	<1m
Fused deposition modeling (FDM) (56)	<60	<65	10 ³ -10 ⁵	>1m
Polyjet (photopolymer) (57)	<80	<95	10 ⁴ -10 ⁵	<1m
Stereolithography (SLA) (58)	<280	<340	10 ⁴ -10 ⁵	<1m
Large area projection microstereolithography (LAP μ SL) (59)	1.2	1.4	>10 ⁶	<<1m
Discrete Assembly (this work)	\approx 5626	\approx 162	10 ³	>1m

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